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breeze

FEBRUARY 2025

ISSUE 267



YOUR LOCAL COMMUNITY MAGAZINE SINCE 2002

Now available in Beeston

Breakthrough treatment for Dry Eye Disease (DED)

If your eyes feel dry, irritated, or painful for most or all of the time, you are quite probably suffering from Dry Eye Disease (DED), especially if you continually feel "there's something in my eye".

One in five, and nearly 800 million people worldwide, suffer from DED. Over 50% of females over the age of 40, and over 90% of menopausal females, are thought to live with this condition. More recently, the condition has become more common in all ages and genders due to environmental factors, use of cosmetics and medications, excessive screen use, and underlying conditions such as blepharitis and Sjögren's syndrome.

The front part of your eyes is lubricated by a special moist film consisting of a mucous layer nearest your eyes, a middle, watery layer derived from your tear glands, and a third, outer layer, which is oily (lipid) and produced by special glands (the Meibomian glands) in your upper and lower eyelids. If your Meibomian glands are not producing enough oily film, the other lubricating layers will continually dry out and that is

what causes the irritation and other symptoms of Dry Eye Disease.

This new therapy for Dry Eye Disease offered at Flynn's in Beeston is safe, non-invasive, painless - and doesn't involve any eyedrops. It is known as Intense Pulsating Light (IPL) and Low Light Level Therapy (LLLT), though it may also be referred to as Photobiomodulation (PBM).

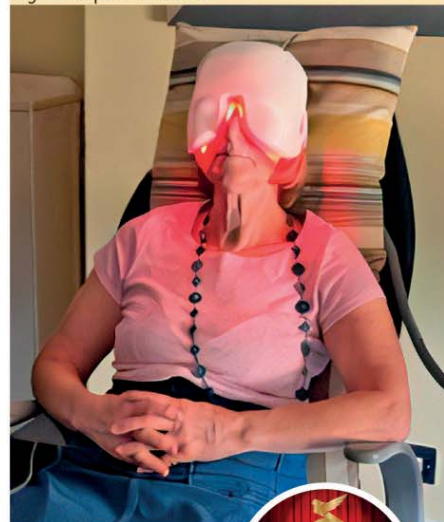
IPL uses thermal pulses to stimulate the Meibomian glands, and LLLT uses a specific wavelength of light to gently heat the eyelids. This revolutionary new treatment helps the Meibomian glands to work properly and therefore stabilises and improves the quantity and quality of the oily layer of the tear film. The treatment provides an immediate relief of symptoms.

Dr Sheeraz Janjua is now providing this new treatment at his special clinics held regularly at John Flynn Optician in Beeston. He can be contacted on 0115 925 5051.

Dr Sheeraz Janjua



The new therapy for Dry Eye Disease uses Intense Pulsating Light and Low Level Light to warm a patient's eyelids to stimulate the Meibomian glands. This improves the patient's tear film and gives immediate relief from the symptoms of Dry Eye Disease—no eyedrops needed!



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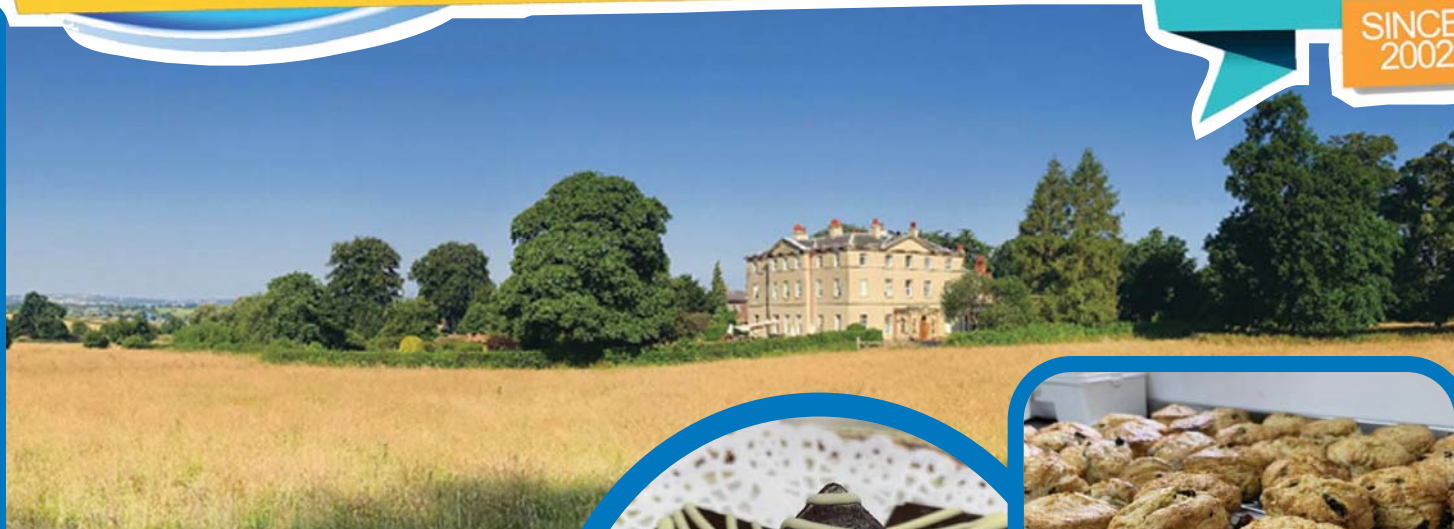
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community venture

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The team at Strelley Hall are very excited to announce the opening of the new Mulberry Tree Bakehouse!

Opening in March 2025, the Bakehouse will be offering hand-crafted artisan sourdough loaves, plus other breads and savoury items, delicious freshly-baked croissants and pastries, and of course plenty of yummy cakes and brownies.

The new Bakehouse has been sympathetically converted from the old Game Larder adjoining the main building at Strelley Hall, with old beams to retain a rustic feel. It's close to the Mulberry Tree Café (whose menu will feature some of the freshly baked bread and sausage rolls) and the other five small independent shops and gallery in the Stables Courtyard.

A coffee machine has been installed so customers can get a takeaway coffee (Mulberry Tree house blend!) to enjoy around Strelley Hall's lovely grounds or on one of the many countryside walks nearby.

Afternoon Teas at Strelley Hall in the coming months will be featuring some tasty goodies made in the Bakehouse, such as a super-tasty rhubarb and custard brioche tart... and some delicious hand-made chocolates with an orange filling.

This will be a real community venture for Strelley village, where possible products will be made with ingredients sourced locally, staffed with local folk and will hopefully be the place that locals will come to buy their bread. More people now are realising that bread made slowly to traditional recipes with only wholesome ingredients is so much better for us as well as tasting amazing.

Follow the progress on social media! Mulberry Tree Bakehouse on Facebook and Instagram, and watch out for updates at mulberrytreestrelley.co.uk



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Opening March 2025



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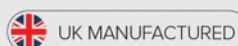
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Inspiring Young Minds: Futures Week at Bramcote Hills Primary School

At the start of Spring term, Bramcote Hills Primary School hosted Futures Week, an exciting initiative introducing children to STEM (Science, Technology, Engineering, and Mathematics) and the importance of protecting the planet. The week was filled with hands-on activities, expert talks, and innovative projects that encouraged creativity and problem-solving.

Visitors from the World of STEM

Futures Week featured special visitors from various STEM fields who shared their experiences through interactive sessions. Electrical engineers spoke about electric cars and how they contribute to a greener future. Additionally, a visitor introduced students to smart textiles—fabrics that can light up or change colour—showcasing the innovative applications of technology in everyday life. We met a wide range of STEM professionals and learnt that anyone can work in STEM.

Building Green Cities

Students designed and built models of sustainable cities using recycled materials. They incorporated wind turbines, solar panels, electric car charging stations, and rooftop gardens, sparking creativity and understanding of real-world engineering and environmental science applications.

Studying the Effects of Climate Change

Children engaged in interactive lessons about climate change, exploring global warming, rising sea levels, and extreme weather. Classes did experiments to observe the effects such as acid rain or soil erosion. Children learned that it is not too late to make changes to our world and looked at different ways we can all help such as recycling or picking up litter.

Engineering Homework Challenge

As part of the week, children tackled an engineering homework challenge, building boats, parachutes, and vehicles. Many students created self-powered designs, inspired by the STEM visitors. This activity reinforced problem-solving and engineering principles in an exciting and practical way. We showcased our budding engineers' work in an assembly to celebrate everyone's hard work throughout the week.

A Week to Remember

By the end of the week, students were eager to explore STEM careers, taking pride in their projects and reflecting on sustainability and innovation. Futures Week proved to be a powerful educational experience, fostering curiosity and critical thinking. It inspired the next generation of scientists, engineers, and environmental champions—perhaps even the minds who will create groundbreaking solutions for a greener world!





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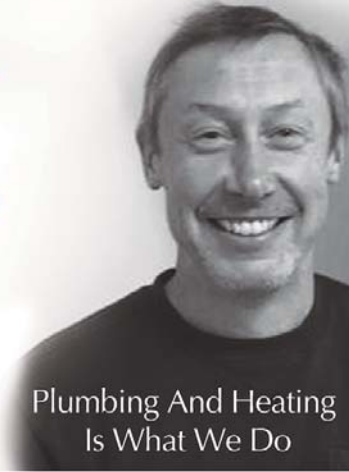
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local spotlight

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Putting a spotlight on the incredible businesses we have in this area is a top priority. This month we introduce local life coach Adam Goodman-Smith.

Adam is an author, coach, podcast host and domestic abuse campaigner who is passionate about developing individuals and teams.

Why not see if Adam can help Build Confidence in Your Life & Career



Confidence Coaching in Life & Work

Want more confidence in your career, relationships or decision-making? Adam's warm, informal coaching blends humour, gentle provocation and practical tools to help you build self-belief and take action.

Coaching sessions are 60 minutes, online or in-person at Adam's office at The Quadrant in Beeston. **Book a FREE intro call to see if coaching is right for you at www.byadam.uk or email hello@byadam.uk**

About Adam

Adam Goodman-Smith is a qualified, accredited personal and business coach, holding the International Coaching Federation's ACC credential. He's a regular guest on BBC Radio and regional TV, sharing lifestyle coaching tips. His book, *The Way of The Diva: Your Guide to a Bolder, Braver and More Confident You*, is available at www.thewayofthediva.com Amazon, and Waterstones.

What is Coaching?

Coaching helps clarify your goals, overcome challenges and create a plan to achieve what matters most. It's like having a guide who asks the right questions to unlock your potential and help you move forward with confidence and purpose.

Client Feedback

"I was having a really tough time at work and Adam brought so much insight, perspective and many tools to my toolkit. His warmth and compassionate approach quickly broke the ice and allowed us to get to the hard work of analysis and planning. I value the time we spent together and the progress he's helped me make in my life. I wouldn't have this much courage to push forward with my career goals without his support." - Claire, UK

by Adam

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SINCE 2002



It's programming time!
by Sam Kurd



April is around the corner (or at least just down the street), and with it comes the 11th Beeston Film Festival. Mark the 24th-27th of April in your calendars and keep an eye on Arc Beeston's website for when tickets go live!

As I write, we're hotly debating where the cut-off for this year's selections will be. After last year's big 10th anniversary blowout, we've decided to scale back a little this year and return to a nice long weekend rather than a full week of programming. We needed the rest!

Only 109 films have been chosen out of a massive 1040 submissions - a hugely difficult process that's been harder than ever this year, as we've had to turn away some wonderful gems that didn't quite make the grade. This year we'll be honouring those runners up with an Honourable Mention laurel to show them how much we appreciate their efforts!

Many of the films I've showcased in these pieces have made it in, and here's a few more standouts:

Wafaa From Gaza is a non-fiction film that follows the journey of a girl who coped with the pain and destruction in Gaza by singing from her window, now a woman in Germany afraid to sing out of fear of deportation. It's a deeply moving look at resilience, home-sickness and the power of music.

Sticking with documentaries, we have **Equal Play**. Disabled children in the UK face discrimination and exclusion when it comes to sports, and this film shines a light on their struggle for acceptance and self-determination. All children deserve the right to equal education, and here we see how PE is a vital part of your childhood development.

Ogham is an Irish film set in the mid 19th Century following a bereaved father who's retreated into the woods away from civilisation and the brutality of oppression, reconnecting with his humanity in a chance encounter with a widow and her children.

Core is an animated film from Taiwan, about a factory robot that defies their programming and dystopian setting to find joy in nature and play. It's a beautiful example of light coming from darkness, a real show-stopper!

Finally there's **Quarantine**, a Spanish comedy about the all-too-familiar struggle to reconnect socially after lockdown. Many of us lost our filters, and the art of conversation can be tricky when you're out of practice!

That's all from me for now, take care!



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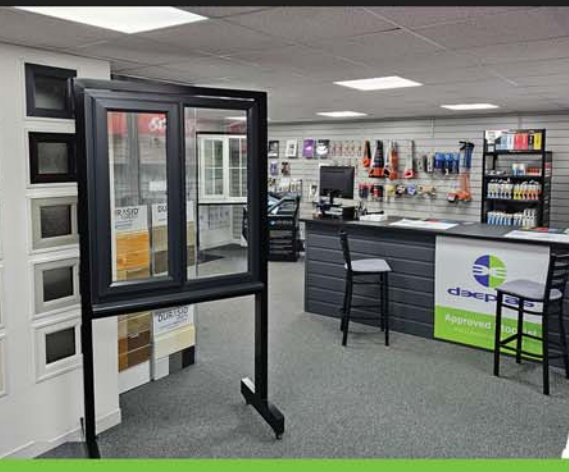
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Broxtowe Borough Council have launched their exciting plans to replace its ageing leisure centre in Bramcote, backed by Rebecca Adlington Olympic swimmer who came to visit the site..

Broxtowe Councillors, LLeisure employees and consultants toured the current facilities and discussed future proposals. The plans will now need both planning approval and to secure adequate funding to give the project the green light.

Leader of Broxtowe Borough Council, Councillor Milan Radulovic said, 'We were delighted to welcome Rebecca Adlington to the Borough to discuss our plans to create a new and improved leisure centre at Bramcote. We know that the centre needs to be improved along with our swimming provision which we know many residents make good use of. We're committed to creating a new leisure centre that will replace this ageing leisure centre, as well as finding opportunities for new leisure provision in the north of the Borough.'

Deputy Leader Councillor Greg Marshall said, 'We're really excited to be on the verge of putting our plans into action and begin working on

what is going to be a fantastic new addition for the Borough. It was great to meet with Rebecca Adlington, listen to her stories of how she remembered competing at Bramcote and look to the future for a brand new facility that all our residents can enjoy.'

Portfolio Holder for Leisure and Health, Councillor Teresa Cullen said, 'It was a pleasure to meet with Rebecca and discuss our plans for a new leisure centre. Our residents deserve to enjoy the best of facilities to help support their health and wellbeing. We know many of our residents learn to swim at Bramcote Leisure Centre and so we want to make sure we provide a new and improved swimming pool.'

Zulf Darr, Deputy Chief Executive and Section 151 Officer commented that, 'Everybody agreed that Rebecca's visit was inspirational, and that the new state of the art leisure centre will make a transformational impact on local communities' health and wellbeing. We now all need to focus on tackling the two main challenges on delivering the new leisure centre, which is securing planning approval and appropriate funding.'

Adrian Turner, Managing Director of ReCreation, the Development Consultant for the new facility said, 'Our guarantee is to provide a leisure facility that the people of Broxtowe will love. Ageing pools like Bramcote's represent the majority of swimming facilities in the country – and so many are not being replaced. Broxtowe Council on the other hand are doing the right thing for their community and we cannot wait to start building in 2025.'



Left to right – Deputy Leader of Broxtowe Borough Council, Councillor Greg Marshall, Leader of Broxtowe Borough Council, Councillor Milan Radulovic MBE, Olympic Swimmer Rebecca Adlington, Portfolio Holder for Leisure and Health, Councillor Teresa Cullen, Deputy Chief Executive Zulfiqar Darr. On the back row, to the left Managing Director of ReCreation Adrian Turner and Business Development Manager at LLeisure.

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We have courses starting throughout February and March – perfect to get your new year off to a great start! Visit inspireculture.org.uk/functional-skills to find out more. We look forward to welcoming you!

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Courses at Stapleford Library & Learning Centre

English - Functional Skills | 24 February - 21 July | Mondays | 9.30am - 12.30pm
Maths - Functional Skills | 24 February - 21 July | Mondays | 5.30pm - 8.30pm
Maths - Functional Skills | 27 February - 24 July | Thursdays | 9.30am - 12.30pm
Digital - Functional Skills | 27 February - 24 July | Thursdays | 9.30am - 12.30pm

Courses at Eastwood Library

Maths - Functional Skills | 25 February - 22 July | Tuesdays | 9.30am - 12.30pm
English - Functional Skills | 27 February - 24 July | Thursdays | 9.30am - 12.30pm

Courses online

Maths - Functional Skills | 25 February - 22 July | Tuesdays | 6pm - 9pm
Maths - Functional Skills | 26 February - 23 July | Wednesdays | 9.30am - 12.30pm
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Homeowners are being encouraged to bring more bird species into their gardens by making easy upgrades to their shed.

The experts from GardenBuildingsDirect.co.uk are sharing seven ways for Britons to turn their garden shed into a bird haven ahead of spring and summer.

Some birds are pollinators, meaning they improve garden ecosystems by helping lawns and plants to grow.

They are also predators of insects which could be a nuisance to plants and crops.

A spokesperson at Garden Buildings Direct said: "Looking after the birds in our garden is super important. Providing them with safe spaces, food sources and fresh water is the best way to keep birds in your garden, to encourage repeat visits and to attract a wide variety of species into your outside space.

"You can create bird-friendly spaces all over your garden - but your shed is really a great place to start.

"Turning your shed into a bird haven isn't tricky or complicated. It can be by simply planting a couple of climbing plants and installing feeders on the outside of your shed.

"Those looking to go a step further and really help the birds could install their very own green roof or paint their shed to camouflage with the surroundings."

Here are GardenBuildingsDirect.co.uk's tips to create a bird haven:

Green roof

Not only will a green roof encourage more bird species into your garden, but it will also improve biodiversity, air quality and noise levels in your garden. The layers of soil and plants provide a food source for all sorts of garden wildlife.

Install a water feature

A steady source of fresh water will help hydrate birds in your garden. Place one near your shed to encourage them to stay in your garden and make return visits.

Camouflage your shed

Encourage more birds to your shed by making sure it blends in with the surroundings. Avoid painting your shed or outbuilding any bright colours that will make it stand out. Sticking to earthy tones is the best option.

Put up feeders

Use a variety of feeders and seed to attract different species of birds into your garden. Different size feeders are important, as small birds will eat from tube feeders while larger ones prefer hopper feeders.

Grow climbers

To further disguise your shed, grow climbers and vines around the walls of the garden building. This will help encourage birds to come over and use the shed as a shelter.

Bird boxes

Bird boxes create secure nesting spaces for a variety of bird breeds. You can attach a number of bird boxes to your garden shed to help create safe spaces for the birds. Make sure to position them high up and try to face the entrance hole away from direct sunlight to encourage birds to use the spaces.

Keep their spaces clean

Make sure to give all bird boxes a thorough clean every year. Fleas and parasites could be living in there and harming baby birds - so making sure the space is clean and safe is the best way to help bird species.



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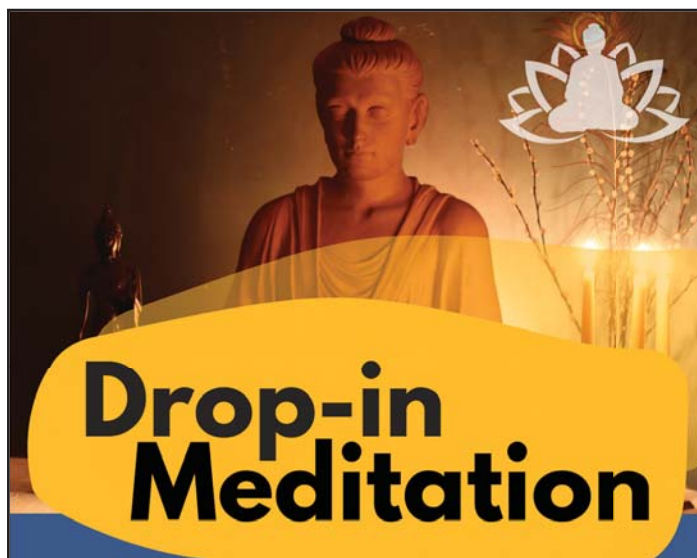
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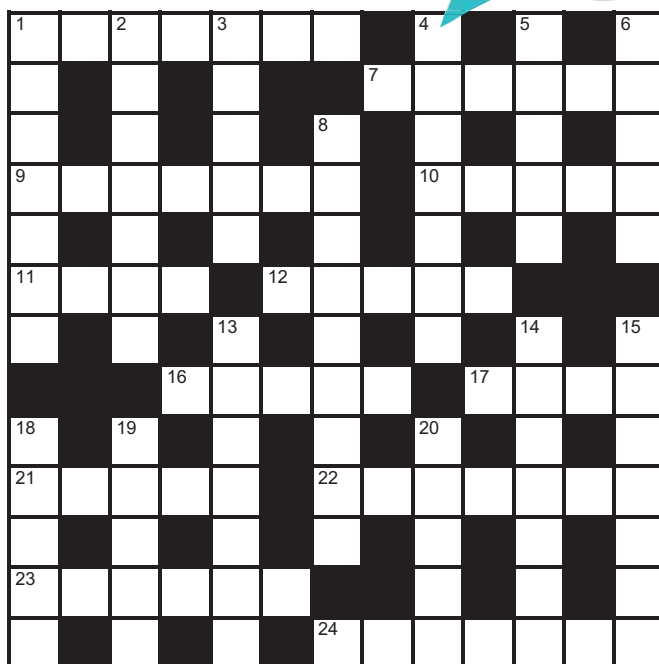
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Across

- 1 During (7)
- 7 Heavenly (6)
- 9 Flat upland (7)
- 10 Cinders (5)
- 11 Plenty (4)
- 12 Accuse of being responsible (5)
- 16 Fenland (5)
- 17 Carry (4)
- 21 Crouch, bow (5)
- 22 Getting on in years (7)
- 23 Less pretty (6)
- 24 Expressions intended to offend or hurt (7)

Down

- 1 Larval frog (7)
- 2 Meeting for boat races (7)
- 3 Advocated (5)
- 4 Renders harmless by taking weapons from (7)
- 5 Radiance (5)
- 6 Poetry (5)
- 8 Put into print (9)
- 13 Specimens (7)
- 14 Frightened (7)
- 15 Solemn requests to God (7)
- 18 Deplete (3,2)
- 19 Jovial (5)
- 20 Borders (5)



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The event saw a kaleidoscope of colors that displayed innovative installations and performances that illuminated the evening, offering a glimpse into the creative spirit that pervaded the atmosphere.

Light Night, showcased the success in drawing people together and bathing Beeston in a magnificent glow.

Well done to all who contributed!



Images on this page courtesy of
A Touch of Frost Photography



Images on this page courtesy of Helen Warhurst Gill

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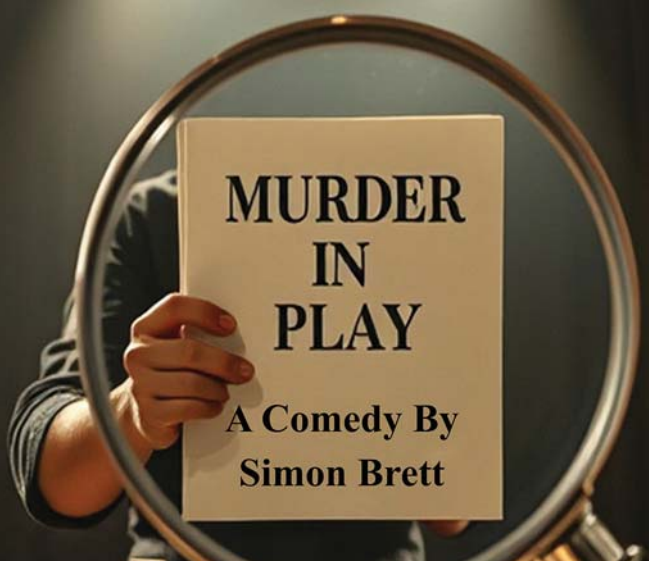
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How Your Credit Score Affects Your Mortgage – And What To Do About It.

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When applying for a mortgage, your credit score plays a key role in securing the loan you need. Mark Davies Just Mortgages explains how your score and the information in your credit report impact your mortgage application. A higher score increases your chances of success, while a lower score can limit options or even prevent approval.

What is a Credit Score?

Your credit score reflects how well you've managed debt, including timely bill payments and financial commitments. Lenders use it to assess the risk of lending to you. However, it's not just the score that matters - it's also the information within your credit report that lenders review.

One client, after having an offer accepted on their dream home, discovered an unpaid parking ticket when applying for a mortgage. The ticket, which had been sent to an old address, was flagged in their credit report, affecting their lender eligibility. This delay almost cost them the home they had dreamed of.

STEPS TO IMPROVE YOUR CREDIT SCORE:

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Correct any errors and review all information carefully.

Pay bills on time:

Timely payments on credit cards and loans are essential.

Reduce credit card balances:

Keep balances below 30% of your credit limit.

Avoid new credit applications:

Don't apply for new credit before your mortgage application.

Take Action Today!

Improving your credit score and reviewing your credit report takes time, so start now. Get a copy of your report, check for discrepancies, and begin making improvements. A stronger score and clean report could be the key to securing the mortgage you need for your perfect home.



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LIFTS AT BEESTON STATION

Friends of Beeston Station are delighted to announce that there are now lifts at Beeston Station. This comes after nearly eight years of quietly working behind the scenes.

Story, the contractors hired to build the lifts on behalf of Network Rail, completed their construction work just before Christmas.

Trish Roberts-Thomson, the Chair of Friends of Beeston Station (FOBS) said, 'those passengers who are in wheelchairs, unable to climb stairs, have heavy luggage, or have buggies or prams, can all now use the Station.' 'It's wonderful for Beeston', she said.

Trish paid tribute to those groups and individuals who in the past had also worked to improve the Station. 'Many others have come before us', she said, 'It's been a combination of support from Network Rail, East Midlands Railway, the Department of Transport's Access for All programme, our local politicians, Broxtowe Borough Council and Notts County Council. We have all played our part, big or small.'

Trish said she hopes that many more passengers will now use the Station. With easy parking at Beeston, it is now quicker, in terms of door-to-door time, to get to London from Beeston than to drive into Nottingham, park and catch the London train from there. There's also much less walking!

The construction of the lifts is one part of wider improvements planned for Beeston Station and East Midlands Railway has indicated there will be more developments during the year.



BEESTON WILDLIFE GROUP

A group of enthusiasts affiliated to Nottinghamshire Wildlife Trust who aim to engage others in the whole wildlife experience by providing access to a range of walks and talks.

Upcoming talk: On The Trail of Britain's Orchids with David Fox. Monday February 24th 2025 at 7.30pm.

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SPOTTED DOG ART GROUP

The Spotted Dog Art Group is made up of members from all walks of life.

We welcome beginners, hobbyists and professionals alike.

Whatever your experience of art is, you are welcome!

FEBRUARY WORKSHOP: Saturday 15th February 2025

Abstract Collage with Ju Smith

from 10.00am to 4.00pm at Bramcote Memorial Hall

Ju is a degree trained artist from the University of Nottingham, a member of KITH Artist Collective and a member of the Spotted Dog Art Group. Her work has intrigued us and she has kindly agreed to show us her unique way of working with collage. It is sure to be an enjoyable day with new and different ideas.

The aims of this workshop are to explore new ways of making your art, to discover the potential in collage in a three dimensional world and to free your imagination to create work that is truly personal to you.

FOR MORE DETAILS AND TO BOOK:

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MEMBERSHIP: Membership fee is £20 per year.

If you are interested in joining please contact:

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Website: www.spotteddogartgroup.co.uk Facebook: SD Art Group Nottingham.

The February meeting of the **WOLLATON NATURAL HISTORY SOCIETY** will take place on **Wednesday, 19th February 2025 at 7.15pm for 7.30pm.**

The Talk is entitled 'Ancient Woodland' by Michael Walker of the Nottinghamshire Dormouse Group. Michael will suggest ways of knowing if we are in an ancient woodland and suggesting clues to look out for e.g. features on the ground etc.

We meet at St. Leonard's Community Centre, Bramcote Lane, Wollaton NG8 2ND (opposite the library) at 7.15pm for 7.30pm.

Free for members, visitors welcome £3 on the door.

For more information visit our website

www.spanglefish.com/WollatonNaturalHistory

Find us on Facebook or telephone

Chairman Nigel Downes on 0115 9444671

DO YOU HAVE AN EVENT OR INFORMATION ABOUT YOUR LOCAL CHARITY GROUP?

Why not send your details in to Breeze and share with our readers.

Send to: info@breeze-magazine.co.uk

Please note that subject to space, Breeze magazine has the right to alter or change your entry accordingly. Send in any images as jpgs. You must have the ownership and copyright of any images you provide. Breeze will not accept any liability for images published without relevant permissions.



PRETTIES IN THE' WOOD

Broxtowe Women's Project's (BWP) opened it's new charity shop 'Pretties in the' Wood'. This charming addition offers pre-loved and handcrafted goods, while fostering creativity, connection, and empowerment.

Founded by BWP's CEO, Colette Byrne (pictured), who describes the shop as "a thing of beauty that combines sustainability and community with domestic abuse awareness and access to

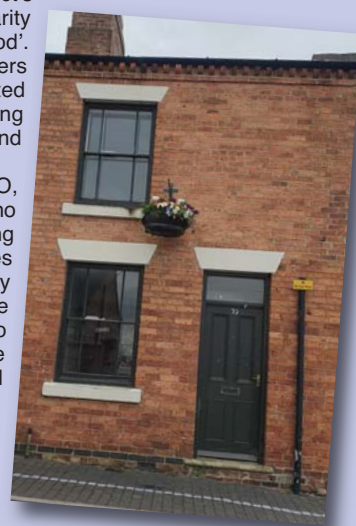
support". Beyond standard retail, it will host creative workshops, encouraging locals to learn, support, and connect.

All money generated in the shop will help fund BWP's critical, specialist support services for families in the area affected by domestic abuse.

'Pretties in the 'Wood' shop is recruiting a range of Shop Volunteers. Interested locals can apply online at www.broxtowewp.org.uk/vacancies or call 01773 718555 for more information.

Broxtowe Women's Project's (BWP) are also holding a Fundraising Gala Dinner on the 28th February at Chetwynd Army Barracks.

Visit <https://broxtowewomensproject.org.uk/broxtowe-womens-project-gala-dinner> for more information.



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Discover the Joy of Dance at Attenborough Village Hall

Whether you're a parent looking for a fun and engaging activity for your little one, or an adult eager to rekindle your love for ballet, our NEW dance classes have something for everyone. Held at Attenborough Village Hall, we provide a warm, welcoming environment where students can explore movement, build confidence, and most importantly have fun!

For Our Youngest Dancers: Tots Tappers & Twirlers (Ages 3-5)

Introduce your child to the magical world of dance with our Tots Tappers & Twirlers class. Designed specifically for ages 3 to 5, this playful and creative class uses imagination, storytelling, singing, and movement to gently introduce the fundamentals of ballet and tap. Children will explore rhythm, coordination, and expression in a nurturing environment where they can build confidence and friendships.

When: Saturdays, 9:00am-9:45am

Building Skills & Confidence: Ballet & Tap Stars (Ages 6-8)

For those ready to take their dance journey to the next level, our Ballet & Tap Stars class follows the IDTA curriculum, offering a structured yet inspiring environment to develop technique, musicality, and performance skills. Tailored for ages 6 to 8, this class provides a strong foundation in ballet and tap, helping students progress with grace and confidence while still having lots of fun.

When: Saturdays, 9:45am to 10:30am



It's Never Too Late to Dance: Adult Ballet

Always wanted to dance? Whether you're a complete beginner or revisiting an old passion, our Adult Ballet class is the perfect opportunity to improve flexibility, strength, and posture while enjoying the artistry of ballet in a supportive and friendly atmosphere. Our professional, qualified instructor will guide you through barre work, centre exercises, and gentle choreography tailored to all levels.

When: Saturday 10:30am to 11:00am

Our classes are led by a qualified IDTA teacher and examiner ensuring expert instruction in a safe and supportive environment. With an enhanced DBS check, paediatric first aid certification, and full professional business insurance, you can have peace of mind knowing that you or your child are in capable hands.

Join Us Today!

Spaces are limited, so don't miss out on the chance to dance with us at Attenborough Village Hall. Whether it's your child's first dance steps or your own chance to rediscover ballet, Insight Dance & Arts is here to inspire and support you every step of the way.

Location: Attenborough Village Hall
Contact: insightdancearts@outlook.com

Come dance with us where little feet
and big dreams take flight!



New Dance Classes

Starting Saturday 15th Feb
Attenborough Village Hall

Explore the world of dance with our inspiring classes for children and adults with Insight Dance & Arts. Our Teachers are IDTA qualified, DBS checked and are certified in Paediatric first aid.

Tiny Tappers & Twirlers

Ages 3-5

An introduction to ballet and tap!
Explore dance through imagination,
story telling, singing and fun movement

Saturday 9:00-9:45

£6.00 per class



Budding Ballet Stars

Ages 6-8

A preparatory ballet and tap class,
building skills and confidence!
Follows the IDTA curriculum

Saturday 9:45-10:30

£6.00 per class



Beginner Adult Ballet

An introduction to ballet. Learn
technique, increase fitness and
meet new people!

Saturday 10:30-11:30

£7.00 per class

Email or message us to enrol...
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Discover the 'Top Home Design Trends' for 2025 with Ramseys...

As we look ahead to 2025, the world of home design is bursting with vibrant trends, offering exciting opportunities to refresh your living spaces. Design platform Houzz, renowned for its insights drawn from a community of over 70 million home design enthusiasts, has unveiled its predictions for the top trends shaping homes in the coming year.

At Ramseys, we're thrilled to incorporate these emerging styles into our bespoke kitchen, bedroom, and bathroom designs—inviting you to visit our showroom and embark on a journey of transformation.

A Splash of Colour in Bathrooms

The resurgence of colourful bathroom suites is set to take centre stage in 2025. Houzz highlights the growing trend of swapping traditional white sanitaryware for vibrant hues and textured finishes. Greens—inspired by Fall 2024 fashion weeks—will dominate, complemented by shades of brown, pink, and blue for vanities, tubs, and basins. Retro-inspired colours like teal, mint, and lilac are also making a modern comeback.

At Ramseys, we specialize in creating tailored bathroom solutions that combine functionality with style. Whether you prefer bold or understated tones, our design experts can bring your dream bathroom to life.



The Rise of Plaster Pink Kitchens

In the kitchen, plaster pink cabinetry is predicted to be a standout trend. This warm, soothing shade strikes the perfect balance between softness and sophistication, offering a versatile option that pairs beautifully with pale wood or contrasting dark green accents. While timeless green, blue, and grey kitchens remain popular, plaster pink introduces a fresh and inviting aesthetic.

At Ramseys, we're passionate about designing kitchens that reflect your personality and lifestyle. Visit our showroom to explore a range of materials, finishes, and colour palettes that align with these latest trends.

Smart Utility Spaces and Functional Elegance

As homeowners seek to optimize every inch of their properties, tucked-away utility rooms are gaining traction. Cleverly designed spaces—such as laundry zones integrated into bathrooms or compact washing machine cupboards—combine practicality with style. This trend underscores the importance of multifunctional design in modern homes.

At Ramseys, we excel in creating innovative storage solutions and layouts that maximize your space without compromising on elegance.

Timeless Design Features and Arches

Across all areas of the home, arches and arch-inspired elements are expected to remain a favourite. Described as “soothing to the eye” by Houzz, these elegant shapes add character and charm to interiors. Additionally, features like obscured glass cabinetry—including smoked, frosted, or reeded glass doors—are becoming popular choices in kitchens.

At Ramseys, our bespoke designs incorporate these timeless details to elevate your home's aesthetic.

A World of Inspiration Awaits

From richly patterned wallpaper to folklore-inspired décor and intentional clutter, 2025 is shaping up to be a year where individuality shines. At Ramseys, we're here to help you embrace these trends in a way that aligns with your vision and practical needs.

Book a design consultation today and visit our showroom to explore the endless possibilities for your kitchen, bedroom, or bathroom. Let Ramseys guide you in creating spaces that are not only on-trend but also uniquely yours. Together, we can turn your dream home into a reality.

**Ramsey's 4 Main Street, Long Eaton,
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Telephone : 0115 9721849
Email: ramsey.dawson@ramseysonline.uk
<http://www.ramseysonline.uk>



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your free no obligation quote

We have been crafting kitchens and bathrooms together with bedrooms for over 50 years. We create elegant, inspirational and inclusive environments that foster an atmosphere of style, comfort and quality. We are a family run business and always on hand to help guide you through the renovation process.

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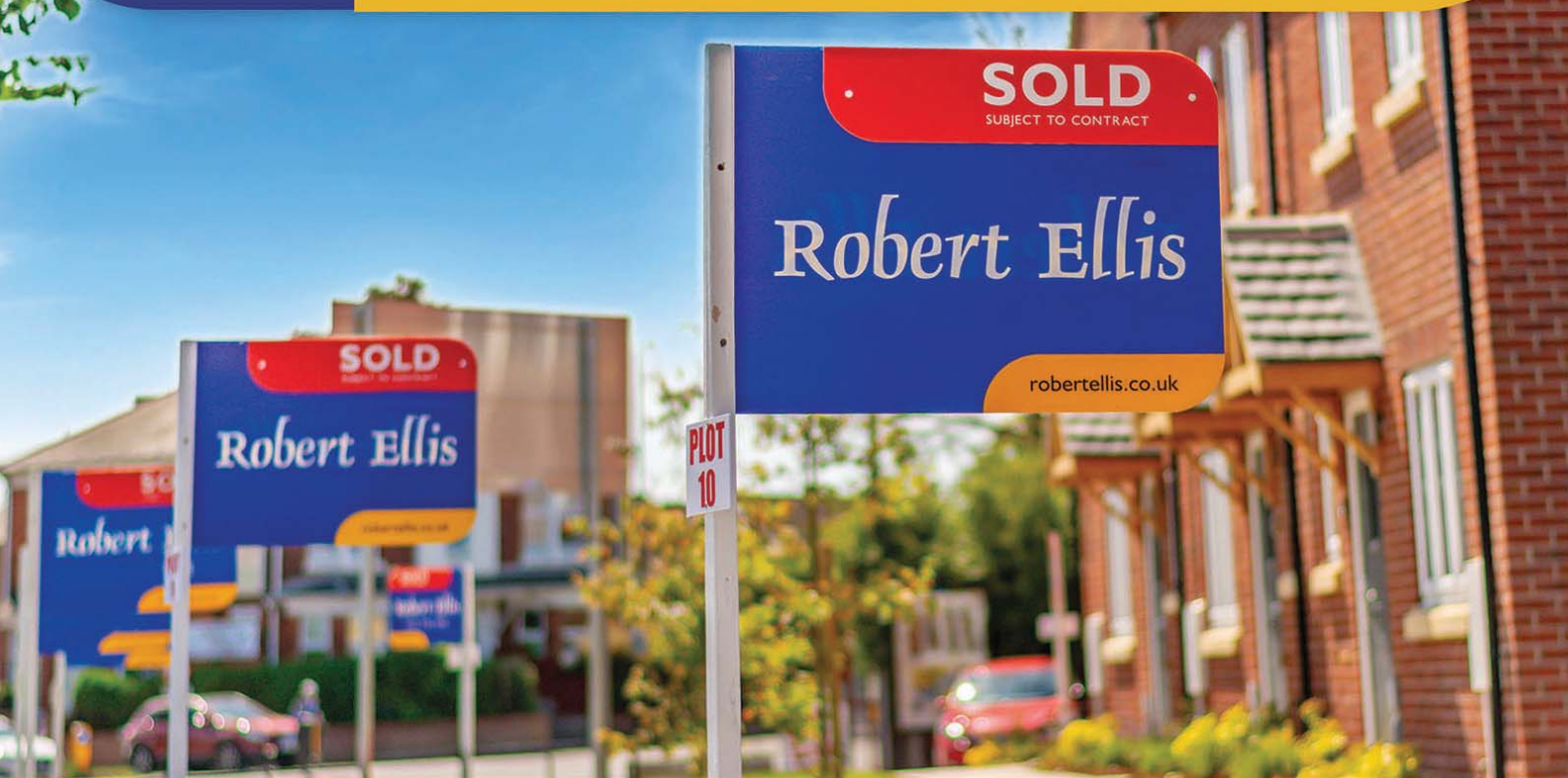
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