

A BREATH OF FRESH AIR EVERY MONTH

breeze

SPECIAL EDITION IN ASSOCIATION WITH



BEESTON
FILM FESTIVAL



YOUR LOCAL COMMUNITY MAGAZINE SINCE 2002

Now available in Beeston

Breakthrough treatment for Dry Eye Disease (DED)

If your eyes feel dry, irritated, or painful for most or all of the time, you are quite probably suffering from Dry Eye Disease (DED), especially if you continually feel "there's something in my eye".

One in five, and nearly 800 million people worldwide, suffer from DED. Over 50% of females over the age of 40, and over 90% of menopausal females, are thought to live with this condition. More recently, the condition has become more common in all ages and genders due to environmental factors, use of cosmetics and medications, excessive screen use, and underlying conditions such as blepharitis and Sjögren's syndrome.

The front part of your eyes is lubricated by a special moist film consisting of a mucous layer nearest your eyes, a middle, watery layer derived from your tear glands, and a third, outer layer, which is oily (lipid) and produced by special glands (the Meibomian glands) in your upper and lower eyelids. If your Meibomian glands are not producing enough oily film, the other lubricating layers will continually dry out and that is

what causes the irritation and other symptoms of Dry Eye Disease.

This new therapy for Dry Eye Disease offered at Flynn's in Beeston is safe, non-invasive, painless - and doesn't involve any eyedrops. It is known as Intense Pulsating Light (IPL) and Low Light Level Therapy (LLLT), though it may also be referred to as Photobiomodulation (PBM).

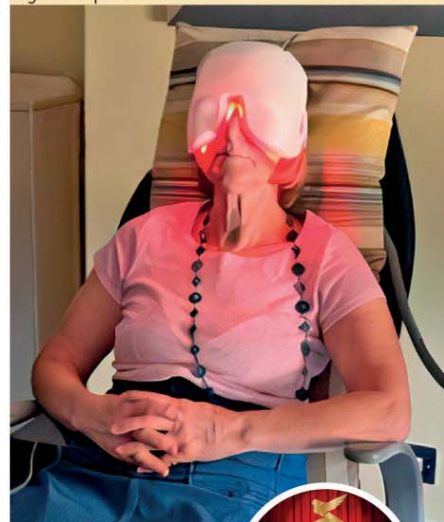
IPL uses thermal pulses to stimulate the Meibomian glands, and LLLT uses a specific wavelength of light to gently heat the eyelids. This revolutionary new treatment helps the Meibomian glands to work properly and therefore stabilises and improves the quantity and quality of the oily layer of the tear film. The treatment provides an immediate relief of symptoms.

Dr Sheeraz Janjua is now providing this new treatment at his special clinics held regularly at John Flynn Optician in Beeston. He can be contacted on 0115 925 5051.

Dr Sheeraz Janjua



The new therapy for Dry Eye Disease uses Intense Pulsating Light and Low Level Light to warm a patient's eyelids to stimulate the Meibomian glands. This improves the patient's tear film and gives immediate relief from the symptoms of Dry Eye Disease—no eyedrops needed!



Purveyors of Luxury eyewear since 1938 ● Clinical Eyecare ● Quality Eyewear



Open Monday to Friday from 9am to 5:30pm. Saturday 9am-5pm
Telephone 0115 925 5051 / 0115 939 2421 to make an appointment.
enquiries@johnflynnopticians.co.uk www.johnflynnopticians.co.uk
1a Devonshire Ave, Beeston, Nottingham NG9 1BS

0115 925 5051/0115 939 2421





C.T.H

Plumbing & Heating

Your
**BOILER
SPECIALIST**

Walk in Shower Specialists

Complete with bath out, tiling or shower panels

- Combi to Combi swap from only £1650
- Standard boiler conversion to Combi from only £2350
- Bath out, Walk-In-Shower with panels or tiling from only £2300
- Full 3 Piece Bathroom Suite with panels or tiling from only £2100

Boilers & Bathrooms at AFFORDABLE PRICES!

Invest in a new bathroom suite with the latest walk-in shower room

- Boiler Repair/Service/Installation
- Central Heating Repair
- Central Heating Installations
- All Plumbing & Gas Work Undertaken
- Ex British Gas Engineers
- Combi Boiler Specialists
- Energy Efficient Engineers
- Bathroom Suites



We just get it sorted for you!

Trustworthy and Reliable

CALL TODAY
0115 925 5848

**FREE
QUOTES
GIVEN TO
MAKE LIFE
EASIER**

**OAP's
15%
DISCOUNT**



keeping it
local
SINCE 2002

WELCOME TO BREEZE!

Sharing everything positive in our area.

Send your stories
groups info/charities Email:
info@breeze-magazine.co.uk

Think you have an image that could be a cover?
Send your images to the above email address.



**MEET
SANDRA**

Sales
Enquiries

07967
282558

**Be a part of the
Breeze Success...**

Email:
sales@breeze-magazine.co.uk

We have a Facebook Page
and a Facebook Group.
Please feel free to share
on these pages updates
about your business
or community event.

We are here for you
to share and inform.



**FOLLOW US ON
facebook.**

Published By
MP4 Design Limited Est. 2002

**Please note all we believe all
information given was correct
at the time of going to press.**

An independent company not connected with any other publication or group. All material is copyright and should not be reproduced without permission. We have made every effort to make sure any numbers on editorial or advertisement or details that appear are correct, apologies if any are incorrect. The publishers do not accept liability for any loss or damage caused by an error, inaccuracy or omission in the printing of an advertisement or editorial. By placing an advert you are agreeing to and are subject to the publisher's terms and conditions, copies of which are available on request. You are accepting responsibility for artwork permissions once you agree to publish in Breeze Magazine. The publisher accepts no responsibility for works carried out by any advertiser, any matters should be taken up directly with the advertiser.

MP4 Design Limited is registered in England:
Company Number 8081955

Registered Office: 210 Lower Regent Street, Beeston,
Nottingham NG9 2DP

Now available to read on
Smart phones & Tablets.
Follow the PDF link via our Facebook
Page or website.



ALL MAJOR CREDIT CARDS ACCEPTED

BAXI **POTTERTON** **Glow-worm** **Remeha** **WORCESTER** **Ideal**

breezemagazine3



SHAUN DAKIN
PAINTING & DECORATING

☎ 01159 172 837

☎ 07954 348 790



www.shaundakinpd.co.uk

BRAMCOTE PLASTERING

PROVIDING QUALITY PLASTERING FOR THE LAST 25 YEARS

- Internal & External
- Small Repairs To Full Renovations
- Plastering/Coving
- Rendering/Artexing
- Plaster Boarding/Re-skimming
- Pebble Dashing

Family
Run
Business

Tel: 07815 769968

FREE Quotes Given

GARAGE DOORS

- FULL INSTALLATION
- SERVICING & REPAIRS
- AUTOMATION
- ALSO HOUSEHOLD
INSURANCE RATED
SECURITY GRILLS
AND ROLLER SHUTTERS



FREE QUOTATIONS
NO OBLIGATION
NO CALL OUT FEE

A. S. MAINTENANCE SERVICES
TEL: 0115 917 2224 or 07823 885950

Best Deal
PROPERTY
MAINTENANCE



SPECIALISING IN

Brickwork • Tiling • Fencing • Carpentry
Painting & Decorating • Paving
Extensions • Kitchens & Bathrooms
Property Maintenance
And all other building work undertaken
For free estimates call Gary on:

**0115 849 4587
OR 07821 560362**

**No job too big, no job too small
emergency plumbing 24hr call out**

beeston film

keeping it
local

SINCE
2002

This month Breeze has teamed up
with Beeston Film Festival for their
10th Anniversary.
For full details see page 15...



DREAM DOORS®
NEW LIFE FOR OLD KITCHENS

QUALITY KITCHEN MAKEOVERS

by simply replacing the doors and worktops



MODERN

CLASSIC

TRADITIONAL

CONTEMPORARY

- › Up to 50% less than a new fully fitted kitchen
- › Replacement kitchen doors
- › Cost effective made to measure solution
- › Worktops and appliances
- › Quick installation in 2-3 days by local professionals

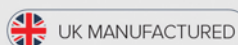
Checkatrade.com 9.8/10
Where reputation matters

39 Wollaton Road,
Beeston,
Nottingham, NG9 2NG

Call us now for a free estimate:

0115 874 1428

dreamdoors.co.uk



THE UK'S #1 KITCHEN MAKEOVER COMPANY



BLACKLOCK CARPETS

- Luxury Vinyl Tiles
- Carpets
- Vinyls • Laminates
- Carpet Tiles
- Engineered Woods



Tel: 0115 9222 586
114 Station Road, Beeston NG9 2AY
Parking on the tarmac area at the front



VISIT OUR WEBSITE:
www.blacklockcarpets.co.uk

thriving trent

keeping it

local

SINCE 2002



European Otter Notts Wt cpt Elliott Neep Neeplmages (8)

Nottinghamshire Wildlife Trust set to lead new partnership to enhance, restore and create vital wildlife habitats in the Trent Valley thanks to £875,602 funding support.

Thriving in a Wilder Trent project has been awarded £875,602 to enable the Trust and partners to create new habitats to benefit a range of species from common terns to bitterns and otters across the Trent Valley.

The project is one of only twenty across England to be funded through the Species Survival Fund – a partnership with Department for Environment, Food & Rural Affairs and The National Lottery Heritage Fund. Locally it will deliver work with farmers and landowners covering a 90km stretch of the River Trent from Dunham Bridge in North Notts, to Willington in Derbyshire, improve 28 kilometres of canal and 50 hectares of farm wetland and marshland for wildlife.

The project will increase the area of existing priority floodplain habitats including reedbed, wet woodland and hedgerows, and bring new land into positive management to enhance connectivity. Nottinghamshire Wildlife Trust sites that will benefit include Attenborough Nature Reserve near Beeston, Skylarks Nature Reserve at Holme Pierrepont and Besthorpe Nature Reserve in the Trent Vale north of

Newark. In addition to enhancing established nature reserves, the project will fund habitat creation in partnership with private landowners.

Project partners include: Canal & River Trust; Derbyshire Wildlife Trust; Gedling Conservation Trust; Nottingham City Council; RSPB; Severn Trent and Trent Rivers Trust.

This project is funded by the Government's Species Survival Fund. The fund was developed by Defra and its Arm's-Length Bodies. It is one of twenty conservation projects will each receive a share of £25 million from the Species Survival Fund.

Speaking following the announcement that Nottinghamshire Wildlife Trust's Thriving in a Wilder Trent had been selected, Chief Executive Paul Wilkinson said: "We are absolutely delighted that our Thriving in a Wilder Trent project has been selected as part of the hugely competitive Species Survival Fund programme. Thanks to Defra's support via The National Lottery Heritage Fund, we are now be able to work with partners and other landowners across the Trent landscape to increase priority habitats and improve connectivity to support nature's recovery on a huge scale. The programme will deliver much needed investment in threatened habitats such as reedbed and hedgerows – benefitting species including bittern, otter, skylark and other farmland birds – as well as providing opportunities for communities to take action for nature and climate. The success of our bid underlines the scale of our ambition and our capacity to collaborate with others for the benefit of nature and people."

The Species Survival Fund, a partnership between Defra and The National Lottery Heritage Fund, has seen grants of up to £3 million awarded across England for habitat creation and restoration projects to run over the next two years. The fund will create and improve natural habitats, helping Defra to meet their target to protect 30% of land for nature by 2030 (known as 30by30).

Eilish McGuinness, Chief Executive, The National Lottery Heritage Fund, added: "We are delighted to be working in partnership with

Defra again to distribute funding for these projects, which will support nature recovery by helping to boost the quality and quantity of wildlife-rich habitats across England. This partnership will further our vision for heritage to be valued, cared for and sustained for everyone, now and in the future.

Environment Minister, Rebecca Pow, said: "The funding awarded today as part of our flagship Species Survival Fund will enable local authorities, landowners, farmers, and our protected landscapes organisations to restore nature at scale and provide valuable green jobs in the process."

"Only by creating bigger and better habitats for wildlife will we be able to halt the alarming decline in species loss. This fund will be a key plank in achieving our legally binding targets to halt species loss and protect 30% land for nature by 2030."



Bittern 1 at Holme Pit NottsWT cpt Rob Hoare

whilst you're reading this...

WHO'S IN YOUR HOUSE?

FARMERY SECURITY

No problems, just solutions.

Wireless Security Systems
with award winning technology

from **£495** +vat (subject to survey)

SET WITH YOUR APP

Contact us today to find out more about securing your property
freephone 0800 0113 808 farmeryservicesltd.co.uk

YOUR BUSINESS NAME HERE

Email your details today to:
sales@breeze-magazine.co.uk

ASK ABOUT THIS SIZE ADVERT
Contact us today to find out
how you can be part of the Breeze success

Call Sandra on 07967 282558

YOUR CONTACT DETAILS HERE

CVH

ACCOUNTING FOR EVERYDAY PEOPLE

**PROUD TO SUPPORT
BREEZE MAGAZINE SINCE 2002**

210 VERONA HOUSE

CVH Accounting, Verona House,
210 Lower Regent Street, Beeston NG9 2DD
Telephone: 0115 922 0815
Email: info@cvhaccounting.co.uk

protrade

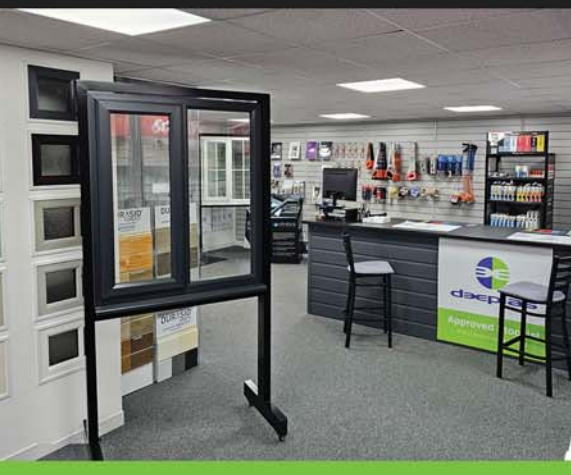
UPVC BUILDING SUPPLIES

NEW BEESTON TRADE COUNTER NOW OPEN
Supplying the Trade and Public



WE SUPPLY:

- UPVC Windows & Doors
- Composite Doors
- Bi-Folds
- French/Patio Doors
- Roof Lanterns
- Fascias & Soffits
- Guttering
- Insulated Warm Roofs
- Underground Drainage
- Rubber Roofing
- Timber
- Fixings & Sealant
- Double Glazed Units
- Bathroom Panelling
- All Building Plastics Upvc



**10%
OFF YOUR
FIRST ORDER**

* Terms & Conditions Apply

protrade
UPVC BUILDING SUPPLIES



"Always committed to service"
**The Specialist Trade & Public
Supplier You Can Trust.**

📍 **Unit 37 Evelyn Street, Beeston NG9 2EU** ☎ **0115 648 6386**
www.protradeupvc.co.uk

poetry festival

keeping it

local

SINCE
2002

Nottingham Poetry Festival to reach out to communities across Nottingham.

Dates: Friday 7th – Sunday 16th June 2024

This year's Nottingham Poetry Festival is a supersized ten days of blistering performances, open mics, workshops, panels and community events that will see people unite together across the city (7 June to 16 June 2024).

The annual celebration of words features headline shows from Linton Kwesi Johnson, Hollie McNish and Michael Pedersen, Luke Wright and Anthony Joseph with the full programme set to be released in April. Tickets are on sale now for these announced shows.

It's the biggest and most ambitious programme lined up for this eighth year, under the direction a new creative director brought in for her experience of working in the community arts sector with a specific focus on the talent development of young artists, wellbeing and community events.

A number of community organisations are taking part in creative activities to bring new voices and perspectives to the festival. The groups include Nottingham Black Archive, the Young Carers Association, Big White Shed, First Story, Cultural Vibrations, City of Literature Youth Board, Young Producers and Kavya Rang.

The festival founded by poet Henry Normal and Confetti CEO Craig Chettle MBE has become an integral part of Nottingham's cultural offer, attracting audiences from all over the country.

The 2023 event engaged with more than 3,000 people enjoying performances, creative activities, talks and workshops across the city's pubs, bookshops, libraries, theatres and community venues.

The festival has been awarded National Lottery Project Funding by Arts Council England and is supported by It's in Nottingham, NTU, Confetti Media Group and Castle Rock Brewery.

For more information, go to
www.nottinghampoetryfestival.com
www.instagram.com/nottmpoetryfestival :
www.facebook.com/NottinghamPoetryFestival
www.twitter.com/nottmpoetryfest



BEESTON WINDOWS uPVC WINDOW & DOOR REPAIRS

The Window & Door Repair Specialists

Misted or Broken Glass Units, Door & Window Handles, Locks, Hinges



CONTACT PAUL
t: 07535 704 648

e: info@beestonwindows.co.uk

• ALL WORK GUARANTEED
• FREE QUOTES AND ADVICE



TRENT

BUILDING & ROOFING LTD



NO JOB TOO SMALL

RIDGE TILES • CHIMNEY STACKS • SLATES
OR TILES FITTED • EXTERIOR PAINTING
GUTTERS REPAIRED OR RENEWED PVC
FASCIA BOARDS AND CLADDING

**FLAT ROOFS
REPAIRED
OR RENEWED**

Free Phone: 0800 191 0810
Call Anthony Doran for a Free Estimate & Advice
Tel: 0115 871 46 56 Mob: 07417 413 255
www.trentbuildingandroofing.co.uk

'NXT-GEN' COMPOSITE DOOR OFFER



Get a 'next generation' front door, plus a back door for £2,250.
Yes, both for only **£2,250!**

visit klg.co.uk/dooroffer



**A stunning deal that allows you to enjoy a new and secure look for your home,
and a warmer winter ahead for you and your family.**



BEESTON SHOWROOM

0115 922 11 55

Queens Road East NG9 2FD

ILKESTON SHOWROOM

0115 944 12 12

Nottingham Road DE7 5BB

SHOWROOMS OPEN Mon-Fri: 9.00 - 17.00

Sat: 9.30 - 15.00 Sun: Check website

Visit our website to read our
independent customer reviews.

www.klg.co.uk

★REVIEWS.co.uk



Products are produced on our premises in
Nottingham by our manufacturing arm Archer Systems



KLG Rutland www.klg.co.uk

For full offer terms and conditions visit www.klg.co.uk

Images for illustration purposes only. Credit is subject to status & affordability. KLG Amazing Glazing Ltd, The Mill, Queens Road East, Beeston, Nottingham NG9 2FD is authorised and regulated by the Financial Conduct Authority and act as a credit broker and not the lender. Credit is provided by Novuna Personal Finance, a trading style of Mitsubishi HC Capital UK PLC. Terms and conditions apply. Minimum order £1,000.

property of the month

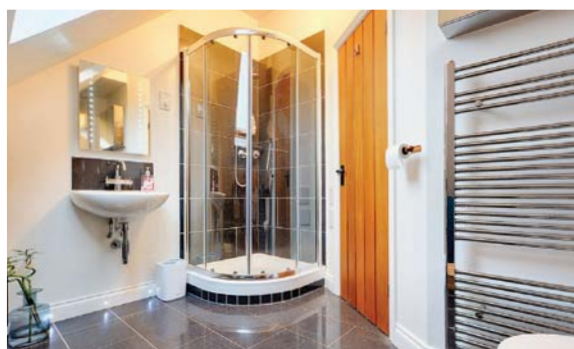
keeping it

local

SINCE
2002



**3 Hill Farm Court,
Common Lane,
Bramcote,
NG9 3NT
£675,000 Freehold**



An attractive four bedroom barn conversion with a wealth of character and charm and far reaching scenic views.

Considerately converted throughout and retaining many original features including exposed beams and vaulted ceilings along with the tasteful infusion of contemporary design, this particularly impressive property, enjoying a peaceful and rural location whilst being readily accessible for a variety of local shops and amenities including schools, healthcare facilities and excellent transport links, is considered an ideal opportunity for a variety of potential purchasers including growing families.

In brief the stylish internal accommodation comprises: entrance hall, open plan kitchen diner, lounge, utility room, reception room/bedroom, family bathroom, study and two further bedrooms one with en-suite to the ground floor then rising to the first floor is the main bedroom suite.

Outside the property is approached by a generous paved driveway providing ample car standing, along with a well maintained garden with feature summer house, and to the rear there is a private and enclosed courtyard.

Offered to the market with the benefit of no upward chain and a versatile contemporary living space, this great property is a rare opportunity and well worthy of an early internal viewing in order to be fully appreciated.

For more information contact Robert Ellis
12 High Road, Beeston, Nottingham, NG9 2JP

Email: beeston@robertellis.co.uk
Telephone: 0115 922 0888



RENEWABLE ENERGY INSTALLER

"From 1 January 2024 the typical household energy bills are increasing contact us today."



Nick from NE Electrical Ltd has 20 years experience in domestic and commercial electrical installations.

Solar Pv - Battery Storage - Ev Car Chargers - Electrical Contractors - Inspection & Testing

Quote BREEZE on Enquiry for a 10% Discount on full solar installations in January and February - T & C Apply

NE Renewable Energy is part of NE Electrical LTD

Serving Nottingham and Surrounding Areas



T: 0115 9222 068

M: 07944 756 886

W: www.3neg.co.uk



United Carpets & Beds

Spring SALE

UP TO
35% OFF
SELECTED FLOORING WITH
FREE
7mm UNDERLAY • DOORBARS*
GRIPPER • FITTING
* Terms & Conditions apply.

Carpets from
£6.99m²

Easy Payment Options Available
Terms & Conditions apply

Eco Friendly Flooring Available

Luxury Carpets from
£9.99m²

From
£6.99m²

CARPETS

From
£7.99m²

VINYL

From
£25.99m²

LUXURY VINYL TILE

From
£14.99m²

LAMINATE



High Street, **Long Eaton**, Nottingham, NG10 1LP
Tel: 0115 973 6336 Email: longeaton@unitedcarpets.net

www.unitedcarpetsandbeds.com or call Free on 0330 311 2442
Opening Hours: Mon - Sat 9am-6pm, Thur 8am-9pm, Sun 10am-4pm

f @ Shop: In Store/Mobile/Online

* Offer available on selected products. 1 Doorbar per room. Products subject to availability. Terms & Conditions apply. Prices are correct at the time of printing. Colours in photos may vary slightly due to print quality. United Carpets accept no responsibility for printing errors.

Shop@Home

Free Home Measuring,
Estimates, & Samples

Find your perfect flooring with
help from our experts

Available at our Long Eaton store only

FREE
UNDERLAY UPGRADE
VOUCHER

Voucher can only be redeemed when making any flooring purchase in store. Not to be used in conjunction with any other vouchers.

keep britain tidy

keeping it

local

SINCE
2002

Keep Britain Tidy called on the East Midlands to make a Platinum Pledge for this year's Great British Spring Clean. In total 407,236 have been pledged!

In 2023, around 350,000 volunteers in every corner of the country collected more than 400,000 bags of litter from our streets, parks and beaches.

Some of that rubbish will have been polluting our environment for much of the seven decades that Keep Britain Tidy has been in existence.

The campaign comes after countless numbers of discarded aluminium cans and plastic bottles were left strewn across the banks of an East Midlands river – the Soar – and stuck in tree branches following flooding.

The charity is now asking people across Lincolnshire, Northamptonshire, Derbyshire, Nottinghamshire, Leicestershire and Rutland to make a #PlatinumPledge to pick up as much litter as they can, removing tonnes of plastic from our environment, some of which has been in the region's public spaces for decades.

At the same time, hundreds of East Midlands schools took part in the Great Big School Clean, learning about the impact litter has on our wildlife and seeing for themselves the difference that small actions, when taken together, can make a big difference.

Allison Ogden-Newton OBE, Chief Executive of Keep Britain Tidy, said: "Every year, we are blown away by the incredible work done by communities, schools, voluntary organisations, businesses and local authorities to support the Great British Spring Clean.

"Our collective efforts remove thousands of tonnes of litter from our environment and send the message to those who persist in thoughtlessly polluting it that littering is not socially acceptable and has to stop, for the sake of all the places we call home."



"Seventy years ago, the formidable leaders of the Women's Institute recognised that our beautiful country was becoming littered. Fast forward to 2024 and the problem is still with us, fueled by lifestyle changes and ever-increasing consumption-on-the-go."

Much of the litter that volunteers collect is a result of our seemingly endless appetite for drinking on the go.

70% of litter by volume is made up of plastic and glass bottles and aluminium cans.

Allison added: "We know that we could tackle the problem of drinks-related litter very effectively with a deposit return scheme – something we are waiting to see introduced in this country as it has been around the world in countries including Germany, Denmark, Estonia, Romania, Australia and the United States.

"Until this happens, we are asking #LitterHeroes across the East Midlands to help us remove as many of them as possible from the environment."

Supporting the cause is Calisen Group, which owns, installs and manages essential energy infrastructure, driven by its vision of smarter energy for all.

The Group's CEO, Sean Latus, comments: "At Calisen we want to support communities and we know that how the local environment looks and feels affects people's quality of life and well-being, as well as the neighbourhood's house prices and inward investment.

"We are thrilled, as a group, to join forces with Keep Britain Tidy to support the Great British Spring Clean and empower local people to take ownership of their communities, as well as enlisting our workforce to lead by example."

Laura Chow, Head of Charities at People's Postcode Lottery, said: "Congratulations to Keep Britain Tidy on its platinum anniversary.

"We are delighted that players of People's Postcode Lottery are able to support the Great British Spring Clean – a groundbreaking environmental campaign that unites communities, schools, businesses and more, who share the common goal of tackling the litter blighting our towns and cities.

"Players of People's Postcode Lottery, have raised over £4,725,000 for Keep Britain Tidy, and we look forward to seeing the effects of the hard work of #LitterHeroes up and down the country on our streets, coastlines and parks, and we hope funding continues to make a positive impact on the environment."

This year's campaign is made possible thanks to media partner Clear Channel, headline partner Calisen and supporting partners Coca-Cola, KFC, Mars Wrigley, McDonald's, Nestlé, Pepsi MAX and Walkers. We also thank players of People's Postcode Lottery for raising funds to support this campaign.

To find out more and to make a pledge please visit:
<https://www.keepbritaintidy.org/gbspringclean>





Cleaned to look like new

- Conservatories
- Gutters and Fascias
- Windows and Doors
- Carports and Solar Panels
- Patios and Driveways

- ✓ All work undertaken by hand
- ✓ All work 100% guaranteed
- ✓ Only use eco-friendly products
- ✓ Discounted rates for pensioners*
- ✓ Fully insured

* First time customers only.
Cannot be used in conjunction with any other offer

BEFORE



AFTER



For an instant no obligation quote:
01603 926 900
07909 718 291
www.conserv-a-clean.co.uk

EST 2006

Conserv-a-Clean
Conservatory Cleaning Specialists

For an instant no obligation quote, email your pictures to enquiries@conserv-a-clean.co.uk

YOUR NEW LOCAL ESTATE AGENT

01159 902 594

CALL NOW TO ARRANGE A FREE VALUATION



Ed Argyle
Founder & Director

- RESPONSIVE**
Rapid response to enquiries and constant communication
- PROFESSIONAL**
Rightmove Qualified
- PERSONABLE**
Personal service handled directly by Ed

ARGYLEPROPERTY.CO.UK

SCAN FOR A FREE VALUATION



rightmove qualified

The Property Ombudsman
APPROVED CODE
TRADING STANDARDS UK



Nottingham Building & Roofing LTD

A Local Family Business

ALL ASPECTS OF ROOFING AND BUILDING WORK UNDERTAKEN

No Job too Big or too small

**Flat Roofs • Roof Repairs • Chimneys
Leaks • UPVC Fascias • Guttering • Fencing**

Contact John for free quote or advice
info@nottinghambuildingandroofing.co.uk
www.nottinghambuildingandroofing.co.uk
0115 871 5101 • 07435 028 074
0800 474 8938

Are you looking to buy your first home?

Buying your first home can be complex. I can help make it easier.

Unsure how much a bank will allow you to borrow?

Avoid overstretching your budget and ensure your mortgage remains affordable.

Home or video appointments available.

Take control and talk to me today on
07413 185842 or email
mark.davies@justmortgages.co.uk

Mark Davies offers professional, no obligation advice on mortgage and protection.



Just Mortgages is a trading name of Just Mortgages Direct Ltd, which is an appointed representative of The Openwork Partnership, a trading style of Openwork Limited which is authorised and regulated by the Financial Conduct Authority.

Approved by The Openwork Partnership on 28/03/2024

Just Mortgages

YOUR PROPERTY MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

love our area!

keeping it

local

SINCE
2002



**Moore Associates
Physiotherapy Ltd**

**New year,
new start
or Moore
Associates
Physiotherapy Ltd
on Regent Street
in Beeston.**



Catherine Moore
Director and Senior Partner



Owen Moore
Director and Senior Partner



Dr Theresa Harvey-Dunstan
Associate

"We are pleased to announce that Owen Moore is returning full time to the practice after a small hiatus due to the pandemic.

As well as Owen joining we are installing new rehab equipment in the clinic and plan to start working towards being able to offer diagnostic ultrasound imaging in the coming year.

What then of Catherine?... Catherine has a contract with University of Derby two days a week from February to write their new undergraduate curriculum for Physiotherapy commencing in September 2024. She will continue her work at the University of Nottingham with Cripps GP practice, the David Ross Sports Village Hydrotherapy pool and will continue to see people at home.

All new patient musculoskeletal in clinic appointments will be taken by Owen, and Catherine will see her follow up patients by request. Dr Theresa Harvey-Dunstan (our associate) is still on hand to deal with any respiratory problems.

So if you think we can help with any ache, pain, breathing or mobility problem please get in touch 0115 922 6600 www.mooremovement.co.uk Moore Associates Physiotherapy Ltd, 1a Regent Street, Beeston NG9 2EA.



Whether its marathon training niggles, persistent back pain or dysregulated breathing after CoV-19... we can help!

1a Regent Street
Beeston
NG9 2EA
0115 922 6600
www.mooremovement.co.uk



1a Regent Street
Beeston
Nottingham
NG9 2EA

EXPERIENCED CHARTERED PHYSIOTHERAPISTS • BEESTON, NOTTINGHAM

Stop feeling frustrated and start getting the diagnosis and answers you need. Catherine & Owen are ready to help you within days. Have you been experiencing telephone consultation as your suggested "therapy" after seeing the GP? We analyse the cause of pain and movement impairments and provide evidence-based treatments to alleviate the symptoms.

Call (0115) 922 6600 or visit our website to book an appointment online

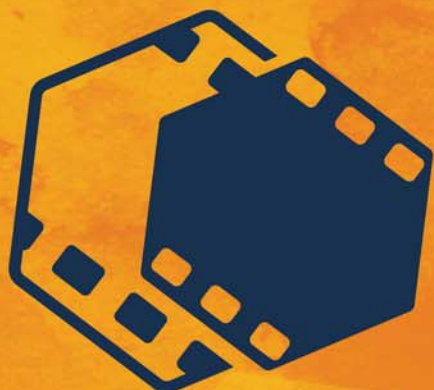
www.mooremovement.co.uk (or use our QR code)

e: contact@mooremovement.co.uk



Find us using WhatThreeWords app:
[///doors.whites.human](https://www.what3words.com/)

THE MIDLANDS' BIGGEST INTERNATIONAL SHORT FILM FESTIVAL



BEESTON FILM FESTIVAL

10 YEARS
ANNIVERSARY

23-28 APRIL 2024 AT THE ARC, BEESTON

DRAMA, COMEDY, SCIENCE FICTION, CRIME, HORROR,
FEATURES & SHORTS, INTERNATIONAL, FREE WORKSHOPS & SO MUCH MORE!



THE
NATIONAL
LOTTERY



FESTIVAL GUIDE



TICKETS



WWW.BEESTONFILM.COM

[f/BEESTONFILM](https://www.facebook.com/BEESTONFILM)

[@/BEESTONFILM](https://www.instagram.com/BEESTONFILM)

THE BIGGEST INTERNATIONAL SHORT FILM FESTIVAL IN THE MIDLANDS



This year's festival is a special milestone for us and we're celebrating it in style! We've extended the film festival to six days, and we're excited to be showing, for the first-time, full-length feature films! There are two groups of features, first, "In Competition" films selected by our festival reviewing team, including films from Spain and Iran that are battling for B'Oscar. Secondly, we're screening an acclaimed group of feature films, curated around the theme of 'Protest and Resistance'.

Of course, short films remain the creative backbone of our film festival and we're showing more than ever: we're screening 156 shorts over six days, from 28 countries covering the globe.

A huge thanks to our wonderfully dedicated festival reviewing and selection team, all volunteers, who have collectively amassed over 725 hours of reviewing time when watching nearly 1000 submitted 'shorts'. Truly, a stupendous effort.

We also take our hats off to our intern staff who provide such an invaluable service, ensuring that our film festival runs smoothly and making festivalgoers and filmmakers feel so warmly welcomed. This is also the third year of our flourishing partnership with Arc Cinema and we are delighted to be offering film-makers such impressive state-of-the-art facilities in which to showcase their work.

One of the great pleasures this year has been appreciating the fruits of creative partnerships forged between well-established, highly acclaimed actors and some of the most promising film-making talents. Highlights of such productive collaborations this year include: Kate Dickie working with Nick Tree in the compassionate, deeply affecting 'If Not Now, When?', Juliet Stevenson working with Amelia Sears in the deft, poignantly urgent, 'Ceres', and Charlotte Riley collaborating with Beth Park in the brilliant, blistering 'Wild Animal'.

In our inaugural feature film section, we're screening an acclaimed group of feature films, curated around the theme of 'Protest and Resistance' culminating in Ken Loach's reputedly final film, 'The Old Oak' (2023) and including the rarely screened, groundbreaking anti-Apartheid film from South Africa, 'Mapantsula' (1988). In addition, we are excited to have included international films from Spain and Iran. Another pleasingly noticeable development this year has been the growing number of outstanding short films submitted in our relatively new East Midlands submission category. We have also received a growing number of submissions from the African continent, and we will be screening excellent shorts from Egypt ('I Promise You Paradise') and South Africa ('Father's Day'), and we're excited to be introducing a new category this year called 'African Voices'. These developments very much chime with the ethos of BFF: celebrating both the local and the global.

The short film sector in the UK is as vibrant and important as ever. As the great New Zealand film director, Jane Campion, once observed, 'short films give a freedom to filmmakers', allowing them to hone their craft and develop their artistic visions, and to feel less constrained by commercial pressures which often beset the longer form of feature film-making. In doing so, within a matter of minutes, short films can transport audiences to new worlds, challenge our perceptions, and broaden our understanding: even more necessary as our world descends further into conflict and division.

Short films also win Oscars, BAFTAs, BIFAs, Césars and some are fortunate enough to win our very own B'Oscars! We hope you enjoy watching them and relish the veritable filmic feast on offer during our festival.

We have achieved so much over the past 10 years. We have become a BIFA short qualifying festival and for several years maintained a high position in FilmFreeway's TOP 100 Best Reviewed Film Festivals and who knows what the next 10 years will bring? Certainly more great international independent films.

Simon Leyden
BFF Review & Selection Team

FESTIVAL GUIDE

TIME	TUESDAY SCREEN 3	WEDNESDAY SCREEN 7	WEDNESDAY SCREEN 8	THURSDAY SCREEN 7	THURSDAY SCREEN 8	FRIDAY SCREEN 7	FRIDAY SCREEN 8	SATURDAY SCREEN 7	SATURDAY SCREEN 8	SUNDAY SCREEN 7	SUNDAY SCREEN 8
13:00											
14:00										NEEDS {WOMEN'S VOICES}	NOTTINGHAM FILM OFFICE
15:00											BIRMINGHAM FILM MARKET
16:00										HALLELUJAH! (DRAMA)	DECISIONS (DRAMA)
17:00											
18:00										THE GOOD & THE BAD (COMEDY)	MOVING & NOT MOVING (NON-FICTION)
19:00	RECEPTION	THE SPACE BETWEEN (DRAMA)	INNER BEAUTY (DRAMA)	BONDS (WOMEN'S VOICES)	KEEPING IT REAL (DRAMA)	CUTTING! (COMEDY)	IN THE COSMOS (SCIFI/FANTASY)	BLUE LIGHT (CRIME)	DAZZLING (NONFICTION)	B'OSCARS RECEPTION	
20:00											
21:00	OPENING NIGHT (VARIETY PACK)	THE FOOTBALL AFICIONADO	MADE IN DAGENHAM	MIGRANTS	NEXT GEN (STUDENT)	INNER GROWTH (HORROR)	REVEALING (PRIDE)	HOMETEAM (EAST MIDLANDS)	THE IMPOSTERS	B'OSCARS AWARDS!	
22:00											

BISTRO66



BEESTON FILM FESTIVAL

DRAMA, COMEDY, SCIENCE FICTION, CRIME, HORROR,
FEATURES & SHORTS, INTERNATIONAL, FREE WORKSHOPS & SO MUCH MORE!

23-28 APRIL AT THE ARC, BEESTON



PROTEST & RESISTANCE IN FILM



4PM 24TH APRIL
106 MINS



8PM 24TH APRIL
117 MINS



4PM 25TH APRIL
100 MINS



4PM 27TH APRIL
113 MINS



FESTIVAL GUIDE



TICKETS

WWW.BEESTONFILM.COM

[f/BEESTONFILM](https://www.facebook.com/beestonfilm)

[@/BEESTONFILM](https://www.instagram.com/beestonfilm)



Sliding Door Wardrobes Ltd



Quality
made-to-measure
fitted wardrobes

Just for you!

- 100's of designs
- Free design & quote
- 10 year guarantee
- Family business over 20 years
- We only use our own fitters
- Honest pricing policy
- All made in-house
- Fit within 3 weeks of order
- Installation within 1 day



Book your free design visit now

0115 975 6633 - wardrobesonline.co.uk

Beautifully Crafted Sliding Door Wardrobes & Bedroom Furniture

Factory showroom: Southglade Business Park, off Hucknall Road, Nottingham NG5 9RA

gardening

Parents are being encouraged to involve their little ones in gardening activities as a way to introduce them to a fun new hobby.

Here are GardeningExpress.co.uk's top seven gardening activities for children:

keeping it

local

SINCE 2002



Photo credit: Pexels.com

1. Grow food they like to eat - Growing produce that children enjoy eating will make them more excited to put care and effort into growing them. Involving children in the growing process can develop a greater appreciation for healthy foods, as children are usually picky about their fruit and vegetables. They can enjoy the fruits of their own labour by enjoying a meal made from produce that they grew themselves.

2. DIY garden crafts - Carrying out DIY projects in the garden will make it look more fun and will encourage kids to spend more time outdoors. There are plenty of different crafts that children can try out that will also let them express their creativity. Some of the fun projects include making your own garden markers and painting rocks and planters for decorations.

3. Grow microgreens - Microgreens are easy to grow and require very little space, so they can also be grown in small containers indoors. They are harvested just a few weeks after germination so kids can see fast results. Seeing their hard work pay off quickly can make them feel more motivated to take on more advanced tasks in the garden.

4. Make bird feeders
Making bird feeders allows children to use their imagination and creativity to come up with

unique and personalised designs.

5. Grow flowers - Create a beautiful flower bed with the kids and let them grow bright and colourful flowers that they can admire and pick once the first blooms appear. It's best to go for easy and quick to grow flowers which will keep them engaged in the growing process. For example, sunflowers are a great option because of their growth rate and the wow factor they provide as they grow taller and taller.

6. Make a bug hotel - Making a bug hotel is a fun activity that encourages children to use their imagination and creativity. They can use different materials like cardboard, wood, dried leaves and dead grass to make the hotel. Children can also learn to take responsibility for the environment as they create a safe place for bugs to live.

7. Create a mini garden - The kids can create a mini garden with any materials they can find in the garden and nature. All you need is a container, which can be anything from a pot or bucket to an ice cream tub or an old washing bowl. Fill the container with soil and decorate it with twigs, gravel, rocks and small plants to make it look like a miniature garden.

www.GardeningExpress.co.uk

Nottinghamshire Tree Services

Specialising In The Following:

- Tree Felling • Tree Pruning
- Conifer Trimming & Reducing
- Hedge Cutting
- All Waste Removed
- NPTC Certified Contractors
- Fully Insured
- Free Estimates

Over 20 Years Experience

Mobile: 07970 252032
Tel: 0115 917 8026

E-Mail: Nottstrees@hotmail.com

Beeston, Nottingham | All Areas Covered

Make your business a part of the breeze success

email:
sales@breeze-magazine.co.uk

Martin Page Tree Surgeon

many times recommended

Have you considered your trees may need some maintenance from time to time?

Are your trees maybe too tall? Blocking light, unsafe or untidy? Or maybe you need to remove that stubborn tree stump.

Do your hedges, Conifers or shrubs need trimming?

With 30 years of experience working with trees in your area I would be pleased to offer you free advice and a free quotation.

I also sell high quality hardwood logs.

- Fully Insured
- Local Family Business
- Clean & Tidy Service

from Chilwell to Trowell



Call me now on
0115 906 8680

www.chnwoodtrees.com

Trowell Paving Limited

Bespoke patios in Porcelain & Natural stone
Specialists in Block Paving, Resin & Tarmac Driveways



Contact:
Peter Young
0115 9398003
07977934640



www.trowell-landscape.co.uk • email: trowell.pavingltd@gmail.com

Marshall's register and the Bradstone assured
Guaranteeing you the highest quality is met
in every project we carry out





THE PAVING & DRIVEWAY SPECIALISTS



Installing patios & driveways throughout Nottingham for over 25 years



- Tarmac
- Block Paving
- Imprinted Concrete
- Resin Driveways
- Patios
- Landscaping
- Garden Walls & Fences

0115 8717906

edpaving@gmail.com

www.edpaving.com

3-5 Carlton Road, Long Eaton,
Nottingham NG10 3LF

Cut Above Landscapes

And Gardening Service Limited

CUT ABOVE
THE
ORDINARY
WITH
OUR UNIQUE
DESIGNS
TAILORED
JUST FOR
YOU
- TO SUIT
YOUR
BUDGET



**Landscaping, Patios, Lawns,
Walls, Fencing, Decking
Block Paving, Plants, Trees
and Water Features**

For a garden that's a cut above
Tel: 0115 9724956 or 07980 236120
www.cutabovelandscapes.co.uk



CUT ABOVE LANDSCAPES & FENCING SERVICES

Specialist in Creative Wildlife Gardens

- Conservation Management
- Ponds and Waterfalls



• **BESPOKE WILDLIFE PONDS**
Planting Schemes and Rockeries

• Pond Maintenance and Re-planting

• **GARDEN DESIGN**
Consultations, Sensory Gardens and Nature Trails

• BSc in Environmental Conservation

• Wildlife Gardening and Mowing



J.K. Conservation Projects

Call Jack on 07425 524 092

Email: gardensofwildlife@gmail.com

Previous work at www.jkconservationprojects.co.uk



JH HEARING
Jackson & Herrod

THE NOTTINGHAM
HEARING PRACTICE
INDEPENDENT HEARING SPECIALISTS

**The Highest Rated Hearing Care Provider
In The East Midlands**



**Over 50 Years Experience
Independent Hearing Specialists
Ear Wax Removal Specialists
Free Trial Of Any Hearing Aids
Tinnitus Advice**



Check out our
amazing reviews at
www.nottinghamhearing.co.uk



Google Reviews ★★★★★ TRUSTPILOT ★★★★★ TrustHear ★★★★★

THE NOTTINGHAM HEARING PRACTICE LTD
93 High Road, Beeston, Nottingham NG9 2LE
Email: info@nottinghamhearing.co.uk
0115 857 2900

hpcp registered BAA



**Drop-in
Meditation**

Classes
Tuesdays | 1pm - 2pm
Wednesdays | 7.30pm - 8.30pm
Fridays | 1pm - 2pm



- In-person meditation
- No need to book just drop in!
- Give what you can afford

Nottingham Buddhist Centre
9 St. Mary's Pl, Lace Market,
Nottingham, NG1 1PH
www.nottinghambuddhistcentre.org

healthy options keeping it **local** SINCE 2002

Nottinghamshire health initiative is helping people to live healthier, more active lives...

A Nottinghamshire-wide initiative is helping people to improve their quality of life and longevity through a range of free support.

Many of us think about going on a health-kick after months of winter hibernation, making resolutions that 2024 really will be the year that we move more, lose weight, drink less or stop smoking. Whilst some of us with unwavering will power will succeed, many of us fail, simply because the goals are too high or that life gets in the way, with busy schedules, work, or caring for children or elderly relatives.

Free healthy lifestyle support

Your Health Notts, a public health funded integrated wellbeing service, is focussing on sustainable behavioural change for members of the public, offering free support to help lose and maintain a healthy weight, increase physical activity in everyday life, improve children's health, reduce alcohol, and stop smoking.

The range of programmes are delivered by a dedicated team of qualified health professionals including nutritionists, physical activity specialists, and smoking and alcohol advisors.

Tailored sessions are provided one to one and also throughout the county in accessible local community venues. Anyone can refer themselves if they meet the eligibility criteria.

[Spokesperson] "The way our lives and communities are structured is often against us when it comes to maintaining good health. Making even small changes can have a significant impact over time, reducing our risk of heart attack, stroke and diabetes as well as increasing our mood, energy, mobility, and immune systems. Our programme is ultimately about helping people to live longer, healthier lives. Your Health Notts isn't a quick fix. We offer support through a range of programmes that focus on the whole person, helping make lasting healthy changes that fit into our lives."

Recipes, workouts and podcasts

The Your Health Notts website has advice and tips on a range of topics, from weight loss, exercise and healthy eating to improving mood and energy, heart health and reducing diabetes risk, as well as many other ways to lead a healthier and happier life.

Find out more at and get in touch at <https://yourhealthnotts.co.uk>



JMIFENCING & DRIVEWAYS LTD

Friendly, Affordable & Reliable

The Fencing
& Gate
Specialists
Covering Nottingham
& Surrounding Areas

Fencing

Block Paving

Tarmac Driveways

Drop Curbs

Hedge / Wall Removal

Patios

Gates

Turfing

We offer a wide range of products and services that can meet all of your fencing needs. Our time-served team has over **30 years' experience** and undertaken projects for domestic, commercial and industrial customers. All of our work is guaranteed and carried out to the highest possible standards. With the majority of our work now reaching us through recommendations, we are confident that we can solve your fencing dilemma, too.

"Jake gave us a very reasonable quote. They turned up on time and carried out a brilliant job. They were tidy, kept on time and the fence looks amazing. Would highly recommend and we'll be getting them back to do other work."



Get in touch with us for a friendly chat about your needs and a free non-obligatory quotation.

0115 891 0646

info@jmifencing.co.uk | www.jmifencing.co.uk

Family Run Business

CARD PAYMENTS ACCEPTED



**The Best Fencing
Contractor in
Nottingham
for 2023**



young performers

keeping it

local

SINCE
2002



The Young Performers are based in Long Eaton and are a volunteer led amateur dramatic theatre group who pride themselves on providing a top class extra-curricular education for young people aged 10 - 18 years old, covering all aspects of theatre craft in a supportive, enthusiastic and friendly environment.

The Young Performers have a rich history at the Duchess Theatre, Long Eaton, and have performed here whenever possible.

We aim to create a diverse, equitable and inclusive environment where young people from all backgrounds are made to feel valued and able to participate. We provide our members with skills that will not only prepare them for careers within the industry but that will support them wherever they go.

Established in 1985, by Barbara Moran and Patricia Freer, as resident youth group at the Chatsworth Centre, The Young Performers have long been providing Amateur Dramatic teaching to young people in the local area and top class entertainment for the people of Long Eaton.

Over the years we have won multiple awards, including various NODA regional awards, for "Best Youth Production" and "Best Programme".

In 2016 the Young Performers were also granted special permission by Rick Wakeman to perform a special arrangement of his chart topping album Journey to the Centre of the Earth.

From flying to navigating the difficulties of Covid, our current leadership team (who are all volunteers) are taking the group from strength to strength. They are currently rehearsing for their next show which is Disney's **The Little Mermaid** and plays at the Duchess Theatre, Long Eaton from Wednesday 12th June to Saturday 15th June.

Based on one of Hans Christian Andersen's most beloved stories and the classic animated film, Disney's The Little Mermaid is a beautiful love story for all ages. With music by eight-time Academy Award winner, Alan Menken, lyrics by Howard Ashman and Glenn Slater and a compelling book by Doug Wright, this fishy fable will capture your heart with its irresistible songs, including "Under the Sea," "Kiss the Girl" and "Part of Your World."

Ariel, King Triton's youngest daughter, wishes to pursue the human Prince Eric in the world above, bargaining with the evil sea witch, Ursula, to trade her tail for legs. But the bargain is not what it seems, and Ariel needs the help of her colourful friends, Flounder the fish, Scuttle the seagull and Sebastian the crab to restore order under the sea.

Limited tickets are still available for £12 and can be purchased from The Young Performers or from The Duchess Theatre website. www.youngperformers.co.uk

Based on the Hans Christian Andersen story and the Disney film produced by Howard Ashman & John Musker and written & directed by John Musker and Ron Clements

Book by	Lyrics by	Music by
Doug Wright	Howard Ashman & Glenn Slater	Alan Menken

Originally Produced by Disney Theatrical Productions

Wednesday 12th - Saturday 15th June 2024
7:30pm & 2:30pm Performances
Duchess Theatre, Long Eaton

Tickets £12 & £10* & available from www.theyoungperformers.co.uk
or at the Duchess Theatre on Saturday mornings

This production is licensed to the Young Performers by Disney Theatrical Productions. All rights reserved. © 2024 Disney Theatrical Productions. All rights reserved. © 2024 Disney Theatrical Productions. All rights reserved. © 2024 Disney Theatrical Productions.

Electrician

Do you find it difficult to get an electrician to come round and do a small job?

New fuseboards (consumer units).
Additional sockets. Extra lighting.
New installations and extensions.
Landlord and homebuyer inspections.
Solar pv maintenance. **EV Point**
Fault finding and repairs.

Qualified Electrician. Fully insured
Reliable service. Tidy work.
Free quotes. Flexible hours.

Reasonably priced. Satisfaction guaranteed.



AES Electrical
Your Local Electrician



"I will assure you of a quick response and a reasonably priced service."

Call John now on:
0115 8990284

john@aeselectricalservices.co.uk

www.aeselectricalservices.co.uk

Brand new and used Stairlifts

from **£800** (fitted)

OVER 100 ACORN/BROOKS STAIRLIFTS IN STOCK

NEXT DAY FITTING AVAILABLE

Latest models for peace of mind
We buy back and remove stairlifts

- **Established 1987**
- **Main Dealer**
- **Straight**
- **Curved**
- **New • Used**

THOUSANDS
FITTED
OVER 34
YEARS!



CARLTON BASED COMPANY

4 Bexon Court Carlton, Nottingham, NG4 1SQ



CALL ROGER AT LIFTEC
0115 987 5218

MADE IN BRITAIN



**WOODWARDS
(DECORATORS) LTD**

Blending quality, craftsmanship
and care for over 70 years. Call us
now for a free quote for all your
decorating requirements.

- 3rd generation family-run business for over 70 years (fully insured)
- A professional, quality and affordable service everytime
- All aspects of decorating works undertaken including high quality vinyls and bespoke timber finishes
- Private and commercial contracts - internal/external works and IPAF/PASMA certified
- Own access equipment for external works
- DBS checked and CSCS certified



Call us on 0115 9397347

or visit our website:

www.woodwardsdecorators.co.uk

and fill in the contact form to organise your quote!

Canalside Works, 8 Canal Street, Sandiacre, Nottingham NG10 5AZ

ChipsAway

Scratches and scuffs won't dent your pocket

✓ BUMPER SCUFFS

✓ KERBED ALLOYS



✓ PAINTWORK SCRATCHES

✓ MINOR DENTS

**Don't Delay,
repair it
today!**



Professional quality automotive paint and bodywork repairs that are quick, convenient and fully guaranteed

Professional Quality

- Our state of the art CarCare Centre allows us to deliver quality repairs to everyday damage

Value For Money

- We specialise in repairing everyday car paint and bodywork damage and because we don't deal with major crash repairs, we don't have the expensive overheads that a traditional bodyshop might have - meaning we can pass these savings onto our customers

Convenient

- Same day repairs
- Collection & return service from home or work
- Courtesy car available

For a **FREE** no obligation estimate,
pop into our CarCare Centre, or call

0800 028 7878 or **07834 266 566**

www.chipsaway.co.uk

Unit 6
Napoleon Business Park
Wetherby Road
Derby DE24 8HL

Find Us Here:

NAPOLEON BUSINESS PARK



WETHERBY ROAD

CHIPS AWAY CAR CARE CENTRE

what's on locally

keeping it

local

SINCE 2002

Melbourne Operatic Society proudly presents its annual Gilbert and Sullivan production of **Iolanthe** at the **Duchess Theatre, Long Eaton** from **Wednesday 17th April to Saturday 20th April**, commencing 7.30pm.

The Society has been performing an annual Gilbert and Sullivan operetta since 1954 and is proud to be one of the few remaining groups who regularly perform a fully staged Gilbert and Sullivan production; in full costume accompanied by a 13-piece orchestra, in the local area.

Tickets can be purchased via the website, www.melbourneoperaticsociety.com, from the Duchess Theatre on a Saturday morning between 10.00am and 12.00pm or by phoning the box office on 07518 560162. Tickets cost £15 standard, £13 for concessions, and free for children age 18 or under if accompanied by an adult. For more information contact Gill McGhee on 07980 421453 or email mos@melbourneoperaticsociety.com.

The April Meeting of the **Wollaton Natural History Society** will take place on **Wednesday, 17th April 2024**. The Talk is entitled '**Beaver Update**' by Kate Lemon, Regional Manager for Trent & Erewash DWT. Kate will update us on the progress of the rehabilitation of the Beavers at Willington Wetlands since their introduction in 2022.

We meet at **St. Leonard's Community Centre, Bramcote Lane, Wollaton NG8 2ND** (opposite the Library) at 7.30 p.m. Free to members, visitors welcome £3 on the door. For more information visit our website www.spanglefish.com/WollatonNaturalHistory, find us on Facebook or telephone our Chairman Nigel Downes on 0115 9444671.

Bruce Kendrick - Reflections on Nature and Conservation presents An Eye for Birds

An exciting opportunity to meet author Bruce Kendrick who has an interesting story to tell. Bruce will read passages from his book which can be bought at all bookshops but copies will be available on the night.

Wednesday 27th March. Meetings start at 7.00 pm in the United Reformed Church, Midland Street, Long Eaton NG10 1HQ.

Cost £1.50 for LENS members, visitors £2.50. Tea and biscuits at half-time, all welcome.

Email lensnaturalhistory@gmail.com

Beeston Wildlife Group - A group of enthusiasts affiliated to Nottinghamshire Wildlife Trust who aim to engage others in the whole wildlife experience by providing access to a range of walks and talks.

Upcoming talk: Rivers: Source To Sea with Jack Perks. Monday April 22nd at 7.30pm.

Join us on a tour of UK rivers showcasing the wildlife they support. Journey from the Highlands to Hampshire to see what can be found above and below the water. This meeting includes our brief AGM.

£3 Adults. Children free. Trent Vale Infant School, Trent Road, Beeston Rylands, NG9 1LP.

If you would like to find out more information or speak to someone about the group please contact Nigel Slater on 0115 916 6518 or visit www.beestonwildlifegroup.org



'As a clergy wife, Grace has spent a lifetime on her best behaviour. Now, following the death of her husband Bardolph, she is enjoying the new-found freedom to do and say exactly as she pleases, usually to the new -

female - vicar, Sarah.

The return of Grace's eccentric missionary sister Ruth prompts some disturbing revelations, which force her to confront Bardolph's ghost and the truth of their marriage. At the same time Sarah reveals some un-clergy-like credentials of her own to Grace's therapist daughter Jo.'

"A warm, witty, thought provoking drama"

Entertaining Angels

by Richard Everett

This amateur production of "Entertaining Angels" is presented by arrangement with Concord Theatricals Ltd. on behalf of Samuel French Ltd. www.concordtheatricals.co.uk



Wednesday 15th May 7:30pm

Thursday 16th May 7:30pm

Friday 17th May 7:30pm

Saturday 18th May 2:30pm

ROUND HILL SCHOOL

Foster Avenue NG9 1AE

Sat Nav: NG9 2NU

beestonplayers.org

Tickets available online, on the door or call 07722 551387

Tickets £8 (Concessions £7)

SPOTTED DOG ART GROUP

are a friendly and encouraging group who meet monthly on a Saturday and hold professional Tutored Art Workshops (from September to June) usually at **Bramcote Memorial Hall**.

APRIL WORKSHOP: Saturday 20th April 2024

'Abstract Painting with Acrylics and Mixed Media' with Rob Hart from 10.00am until 4.00pm.

The workshop will explore the building blocks that underpin the expressive possibilities of abstract painting, including form, colour, acrylic painting techniques, collage, line, composition and space.

TO BOOK: Please contact: Janet Waters ~ email: janetwaters32@gmail.com.

MEMBERSHIP fee is £15 per year.

If you are interested in joining please contact:

Gwynneth Johnson ~ email: gwnneth2023@yahoo.com.

Our website is under construction and will be up and running very soon!

Facebook: SD Art Group Nottingham.

IT'S FREE! BEESTON'S BIG BOWLS OPEN DAY!

Saturday 11th May 10am – 3.30pm
- at **Beeston Unity Bowling Club** in the heart of Beeston!



Come along to our FREE 'give lawn bowls a try' session

- All equipment and training provided
- All groups and individuals welcome from age 18
- No dress code on the day (other than trainers/no heels)
- Food and refreshments available • Free parking nearby
- Enjoy the great atmosphere of playing bowls

This friendly session is designed to encourage new members by offering a taster of the sport before deciding whether you would like to join our club.

Want to give it a try? - book in now!

Email: mdaws28@gmail.com – 07546 053720

The Beeston Unity Bowling Club is on Broadgate Park NG9 2EA.

Entrance is off High Road/Regent Street

We prefer small jobs

PAUL ALLEN

YOUR LOCAL PLUMBER

TAP REPAIRS & REPLACEMENT
OUTSIDE TAPS
GENERAL PLUMBING & MAINTENANCE

We ARE LOCAL, Established 30 years and we GUARANTEE ALL OUR WORK with a friendly and reliable service

Call us on
0115 922 2664 or
07581 094230

4 Crofton Close,
Attenborough, NG9 5HX

NO VAT





**Beeston
Denture Clinic**

Pete Aylott
Dip CDT RCS (Eng)

Our dedicated clinic in Beeston is here to offer a range of services to suit every need to our customers in Beeston and beyond.

Whether you're looking for partial or complete dentures, we offer the latest and the most natural looking denture teeth on the market.

With a level of care that is unparalleled we can provide expert advice & fittings for:

- The latest in hypoallergenic materials to reduce sensitivity
- Complete Dentures
- Implant retained dentures
- Professional/deep denture cleaning
- Denture repairs, additions and relines
- Gum tinting.

*Giving you
something to
smile about!*

Monday - Thursday:
9am - 4.30pm
Friday - Sunday:
Closed

67 Station Road
Beeston
Nottingham
NG9 2AW

For a free consultation **0115 922 5474**

Working Positively WITH PEOPLE

Hello and welcome
TO ENABLE SUPPORT LTD

We work with individuals or couples to assist them in their daily lives, when they choose to stay at home. We work in a positive manner to enable them to stay at home for as long as they wish. We work with people's family and friends to achieve a service that works for a person, this is achieved in a friendly, confidential and professional way.

*We work with you to create a bespoke service
that meets your needs."*

We are: An established service providing a person centred home care service throughout Nottinghamshire and Derbyshire.

Enable Support Ltd is registered with the CQC (Care Quality Commission) and work in conjunction with the Health and Social Care Act to deliver excellent support in your home.

Enable Support Ltd has been designed to assist with and meet the needs of older people, people with physical disabilities, people with mental health issues and/or learning disabilities.

Areas of Care:

We are able to provide care and support for a range of issues. We work with older people experiencing difficulties at home and those with:

- Dementia
- Parkinsons disease
- Physical disabilities
- Mental health needs
- Learning disability

We offer support with:

- Medication.
- Bathing/ showering.
- Catheter maintenance.
- Support with medical appointments.
- Social Activities.
- Meal preparation.
- Befriending.

*Call us
Today!*

Verity Hannigan (Registered Manager) of Enable Support Ltd.

07548 834 495

Email: enablesupmidlands@outlook.com



Have Your Windows Steamed Up?

Finance
Options
Available

Replace just the failed glass unit!

All glazing backed by our

**25
YEAR
GUARANTEE**

Looking to upgrade your existing
windows and doors? UPVC,
composite or aluminium.

Contact us NOW!



TRUSTMARK
Government Endorsed Quality

**Checka
trade**

FENSA
APPROVED
WINDOW & DOOR INSTALLATIONS



Get a **FREE** Quote

**Specialists in timber frames &
Amdega conservatory restoration**

Faulty locks, handles or hinges?

cloudy 2 CLEAR
WINDOWS
REPLACING YOUR FAILED DOUBLE GLAZING

Priority freephone
0800 61 21 118
www.cloudy2clear.co.uk

Love Your Home - Protect Your Windows - Save Money





CHRISTOPHER G SMITH Plumbing And Heating



Boiler Installation
12 Year Manufacturer
Warranty



Boilers
Servicing and Repairs



Central Heating



Power Flushing



General Plumbing
Leaks, Taps, Toilets,
Pipe Work etc



Gas Services
Cookers, Gas Fires and Landlord
Gas Safety Certificates etc

Plumbing And Heating
Is What We Do



939819

t: 07539 236245

www.cgsmith.co.uk

House feeling cold? Heating bill still too high?

A quick look in your loft to see if you've got at least 27cm (about 11 inches) of loft insulation throughout may just save you from the cold!

Not got 27cm, or it's been moved about over the years? Get in touch and we can adjust the existing and top it up to the required standard for a great price.

No pushy sales people, just an efficient and friendly service. Email us your details or give us a call and we'll help save you from the cold this winter.

A properly insulated loft can save
£415 per year*

Usual cost for a 3 bed semi-detached is £549**

*Savings based on October 2023 energy prices. Information from energy Saving Trust website
**Based on 200mm top up to a 350mm property



GREEN & COSY
HOMES

INSULATION SPECIALISTS
LOFT | EXTERNAL WALL
SOLID WALL | INTERNAL WALL

Google TRUSTMARK
Reviews Government Endorsed Quality

We can also offer boarding
for storage, loft hatches,
ladders and lights

0115 9224831

sales@greenandcosy.co.uk

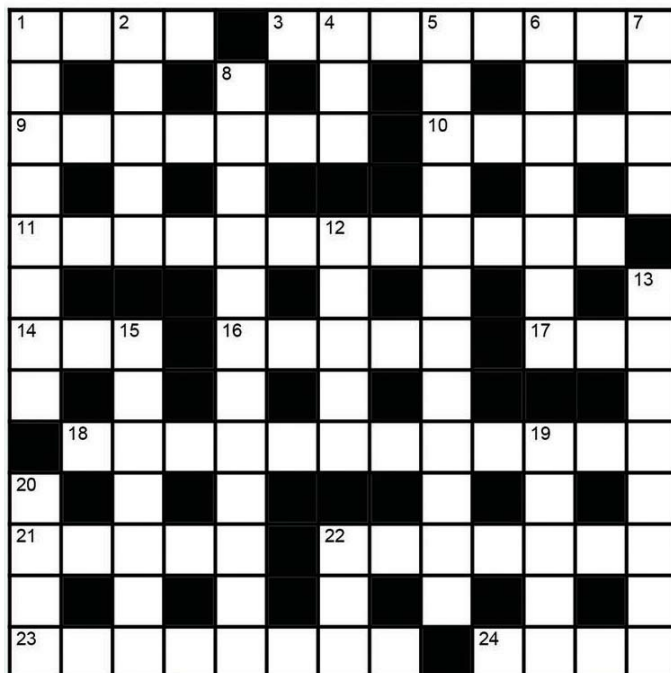
www.greenandcosy.co.uk

puzzle

keeping it

local

SINCE
2002



CROSSWORD

Across

- 1 Flog (4)
- 3 Radio receiver (8)
- 9 Mention particularly (7)
- 10 Cut into pieces (5)
- 11 Former members of the armed forces (2-10)
- 14 Young newt (3)
- 16 Shores up (5)
- 17 Small amount (3)
- 18 Not showing good judgment (12)
- 21 Bring up (5)
- 22 Absurd pretence (7)
- 23 Hand-to-hand fighter (8)
- 24 Hoots with derision (4)

Down

- 1 Hearer (8)
- 2 Prophets (5)
- 4 Extremely cold (3)
- 5 Day in spring on which the Resurrection is celebrated (6,6)
- 6 Distinguished (7)
- 7 Domed beehive made of twisted straw (4)
- 8 Give a false or misleading account of the nature of (12)
- 12 Religious paintings (5)
- 13 State of inactivity (8)
- 15 Capable of being stretched (7)
- 19 Well done! (5)
- 20 Prepare by infusion (4)
- 22 Prompt (3)

Puzzles are by Puzzle Press Ltd (www.puzzlepress.co.uk)



PLUMBING • BATHROOMS • KITCHENS

Established 2007

Free on site
Planning & Design
Services.

KITCHENS

- From replacement work surfaces to a full renovation.
- All trades fully project managed from start to finish

Please contact us to discuss your individual needs

SMALL PLUMBING WORKS

REPAIRED / REPLACED / INSTALLED

- Misbehaving taps and toilets
- Leaking radiators and valves
- Easy access stop taps
- Thermostatic & Electric Showers
- Outside Taps
- Silicone seal

SHOWERS • TAPS • RADIATORS • TOILETS • BATHS • BASINS • TILES

Bespoke
bathroom installations
a pleasure.
Please call to arrange
a free no obligation
quotation



FOR A RELIABLE AND EFFICIENT SERVICE CONTACT NIGEL



Search: Rubber Duck - Plumbing, Bathrooms & Kitchens

ALL SMALL
WORK
ENQUIRIES
WELCOMED

Tel: 0115 854 7895 Mob: 07842 186 097



Trent Caravan Services

Mobile Caravan & Motorhome Servicing



Approved Mobile Workshop Engineer

I come to you, at home or in storage.
Helping you look after your investment,
whether new or pre-owned.



- Mobile caravan & motorhome servicing in Beeston, Chilwell, Attenborough, Toton, Stapleford, Wollaton and the surrounding area
- Conveniently at your home, storage site or camp site
- Professionally trained AWS NCC engineer
- Competitive pricing
- Motor movers, solar panels & 4G WiFi extenders supplied & fitted
- Alde fluid changes by an Alde trained engineer
- If buying a caravan or motorhome, have a pre-purchase inspection
- Damp checks

Annual appointments can be
arranged so you never miss
a service date

AL-KO // Alde // Truma
THETFORD // REICH // Whale



Contact Andrew on Tel: 07976 723865
email: info@trentcaravanservices.co.uk
www.trentcaravanservices.co.uk



JDF CARPENTRY

JDF Carpentry is a local based company in Chilwell.
We provide high-end, hand crafted skills to all our projects,
ranging from bespoke fitted wardrobes to fully installed kitchens.

Our services cover all aspects of Joinery and Carpentry.



If you have any questions feel free to call us on

07468 278 384

or request a free quote

www.jdfcarpentry.co.uk



colouring in

keeping it

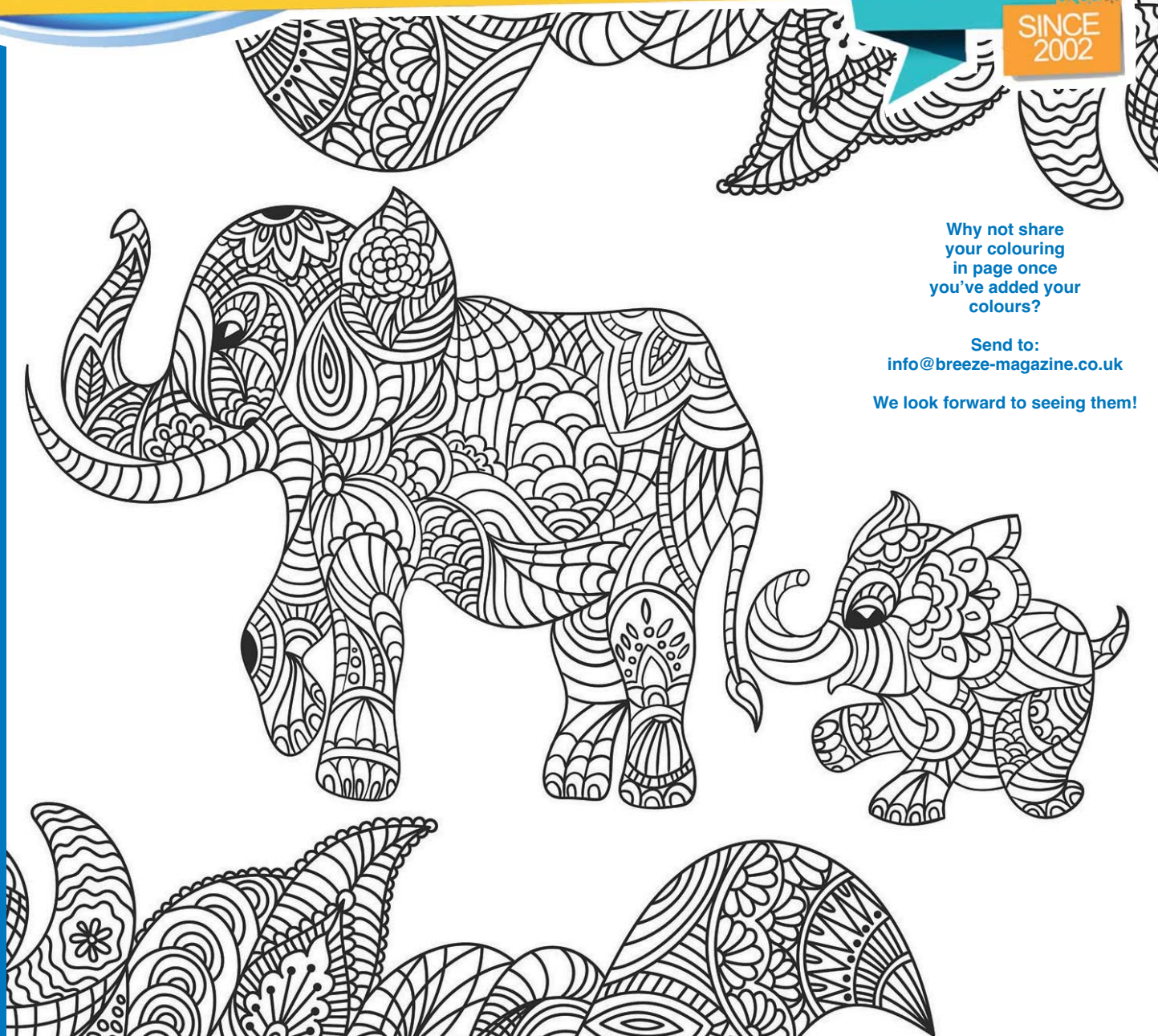
local

breeze
SINCE
2002

Why not share
your colouring
in page once
you've added your
colours?

Send to:
info@breeze-magazine.co.uk

We look forward to seeing them!



Chilwell Olympia Karate School
CHILDREN & ADULT CLASSES AVAILABLE

• **NEW CLASS: Chilwell Tigers for 4 - 6 year olds** •

First Two Sessions Free & Kit For Pay Monthly Students

New Class on Fridays from 5pm - 6pm at Intrim Gym Long Eaton

Traditional Shotokan karate three times per week and offer structured classes to children and adults from beginners to black belts

Chilwell Olympia Sports Centre
Bye Pass Road, Beeston NG9 5HR

The School's chief instructor is sensei Pasq Mura 6th Dan who has won gold medals at World, European and National levels.

Founded in 1974, which makes us one of the longest established clubs in the area. We have helped numerous students achieve black belt level and beyond and also the school has produced many competitors who have represented Great Britain in European and World Championships.

Telephone: 07789 095 467
Email: info@chilwell-karate.co.uk
Web: www.chilwell-karate.co.uk

Spring is Here
Start Dancin'
The Plessey Centre, Beeston

Quickstep & Rumba Course
Our next 7-week course starts on
Wednesday April 17th 2024
Beginners start at 7.00 pm
Intermediates at 7.45 pm
Advanced at 8.30 pm

Tango & Samba
A 7-week course
Coming in June

To register:
email: doug@startdancin.co.uk
phone: 07760 112277
www.startdancin.co.uk

KITCHEN • BEDROOM • BATHROOMS • TILES



You can be assured of a warm welcome at our Long Eaton Showroom.

We are a family business and have over 50 years' experience in designing and installing stunning bathrooms.

We offer a full design service and a wealth of bathroom products to choose from.

Take some time to visit our award winning showroom to see our stunning displays and take some bathroom inspiration.

Ramsey's

4 MAIN STREET, LONG EATON, NOTTINGHAM, NG10 1GR, TEL 0115 972 1849
www.ramseysonline.co.uk – info@ramseysonline.co.uk

Your local leading estate agent

Robert Ellis
ESTATE AGENTS

0115 946 1818

Call now to arrange a **Free Valuation**



Sales

Beeston 0115 922 0888
Long Eaton 0115 946 1818
Stapleford 0115 949 0044
Arnold 0115 648 5485

Lettings

0115 922 9090
0115 946 6946
0115 949 6740
0115 648 5485

robertellis.co.uk



Scan for a
free valuation